



University: University of Pécs
Country: Hungary

SDG5: GENDER EQUALITY

5,6 Women's progress measures

5.6.6. Does your university as a body have women's mentoring schemes, in which at least 10% of female students participate? **Yes.**



- ***ABB Women's mentoring program for technical higher education students***
12/10/2020
ABB Kft., as the Tenderer, announces a tender under the name "ABB Women's Mentor Program" for college/university female students studying in technical higher education - in the field of energy and automation.
The goal of our program is to strengthen the participation of women and increase their desire to work in the technical field, as well as to provide an opportunity for female students to get to know the products, services, and operations of an international company already during their studies.
- ***UP MS Hungarian Mentor Program***



UP MS hungarian mentor program

Introduction

Welcome to the Mentor Club!

By the end of reading this page you will realise that you are not alone. The Mentor Team has been established to help you while you are the citizen of the University.

How can we help you?

- Help you with paperworks
- Contact to lecturers
- Learning techniques
- One-to-one or team tutoring
- How to spend your free time (if you have any...)
- Career advice
- Problems in your social/private life that sets you back? We can have advice during confidential meetings

So if you feel you need a helping hand contact us

○ **Faculty of Humanities and Social Sciences - Mentor Club**

The Mentor Network of the Faculty of Humanities and Social Sciences of the UP is a supportive community where students can feel free to turn to with their questions, difficulties, and any problems affecting their personal or academic progress. The mentor network includes mentor students and mentor teachers representing all majors, who are there to provide you with support.

- Becoming unsure?
- Did you have difficulties studying or taking exams?
- Do you need motivation and encouragement?
- Do you have questions about your studies?
- Are you lost, do you have any difficulty fitting in the university system?
- Would you like to join a supportive university community?
- We help!
- We are waiting for you for an individual consultation.
- We learn together with you.
- We tell you about our experiences over a cup of coffee.
- We organize action programs for easier navigation.
- Find us with courage and confidence!

○ **Faculty of Cultural Sciences, Education and Regional Development – Mentorclub**

The distinguished goal of the mentoring program is for students to discover, get to know and develop their competencies and strengths ("Bring out the best in yourself!"), so that their professional identity is strengthened and highlighted; by developing their leadership competencies, they visit, find and coordinate opportunities during their studies; by gathering professional experience, their self-confidence and professional competences should be strengthened so that they can become good professionals. In addition, the goal is to avoid dropouts and support successful graduation. In the framework of the mentoring program, students receive personal and/or group support, professional counseling, and life advice. Our mentors help international students overcome intercultural difficulties and help them integrate.



○ **Faculty of Pharmacy - Mentor Program**

Project title	Language target group	Service content
The Faculty-level Mentoring Program of the Directorate of Education and the UP Career Office (up, Faculty-level representation)	Hungarian	The goal is to unite existing initiatives aimed at preventing dropout, to provide professional support to mentor teachers, and to create a professional community that enables the exchange of experience.
Peer Program	Hungarian and English	In the case of the Peer program, students are helped by their designated fellow students responsible for the given topic, i.e. the "peers", in case of any problems arising in the course of life, mental health or university life.
University of Pécs Student Counselling Service	English (foreign students)	psychological / mental health support for everyday life, not closely related to university life: relaxation techniques, stress management, effective learning methodology solutions.
Learning methodology and language development programs	Hungarian and English	Tanulásmódszertani és nyelvi fejlesztés. "If only I knew how to do it... How to study effectively at university?" - „English Brush Up Course For Pharmacy Students”
ESNbuddy/Buddy program	For any ERASMUS student	Student mentor support for Erasmus students. The "buddy" mentor helps the ERASMUS student in everything related to orientation within the host country and university and everyday life.
Health Psychology Consultation (HCP)	Hungarian	A service for the well-being of students. Psychological help to solve the difficulties of everyday life.
Stipendium Hungaricum Mentor Network HÖÖK-SH (university-wide)	English	The purpose of the network is to help the higher education integration of first-year students coming to Hungary with the Stipendium Hungaricum scholarship by providing them with mentor pairs.
Learning Support Program	Hungarian and English	The mentor program was created within the framework of the EFOP 3.4.3 program, in which the learning support mentoring of foreign, English and Hungarian students participating in the program takes place with the help of older students.
Student Government Mentor Program (university wide)	Hungarian	It supports disadvantaged and cumulatively disadvantaged students. These mentoring programs primarily help with integration, by answering everyday questions, organizing social events, etc.



○ **Faculty of Business and Economics - Mentor program**

- The main goals of the system's design and operation:
- Facilitating the development of the student community.
- Supporting the integration of students.
- Supporting a more personal relationship between the student and teaching community.
- Providing assistance in creating a higher education lifestyle.
- The formation of the students' attachment to the Faculty and the Pécsiközgázos identity.

In the mentoring system, two types of mentors help students, general mentors and professional mentors:

General mentors

- The Competence and Talent Development Center helps students find a student or faculty mentor who will help introduce first-year students to the specifics of university life.
- The general mentors (mainly) lead and support a smaller group (max. 20 people) of first-year students.

Professional mentors

- In addition, the system also offers the help of an experienced, qualified instructor mentor. Our experienced instructors help the student in a specific field (e.g. by recommending readings, consultations, etc.)
- Professional mentors also gather students interested in certain topics around them and support their professional development individually or in small groups.
- Each group is supported by three qualified mentors.
- In study and career topics, mainly the more experienced, senior and PhD instructors; upper-year student mentors help with issues related to social life and integration.

○ **Faculty of Health Sciences - Mentor Team**

The Mentor Team in Student Council are the key students organization in higher education at the Faculty of Health Sciences. We provide opportunities for cultural understanding and helping you through the educational questions and difficulties. The values of the Mentors network that all members stand and work for the diversity and unity (we all have different backgrounds, but share one common aim), **students helping students**, **fun in friendship and respect** (we enjoy relations based on respect), **international dimension of the life** (we are open-minded, mobile, like to discover and explore, to co-operate), **openness with tolerance** (we understand and accept others and learn from them). To be accurate, you can contact us with these questions:

- accomodation
- medical examination
- how to use Neptun (register for subject, exam registration, etc.)
- study affairs
- maintain the contact with the teachers

The purpose of the Mentor Club, and thus of the mentors, is to help you during your university studying. If you feel that you are having difficulties and need help, you are in the best possible place! The Mentor Club currently consists of 3 lecturers and 7 student mentors. You can find us both in Pécs and in our outsourced Training Centers. According to your needs, there are opportunities for personal and online consultation with the mentors.

Our free assistance is extensive, but let's see the most important areas. Contact us with confidence if

- you are looking for answers to your study questions
- you have got stuck while managing a matter (e.g. paperwork, tenders)
- you feel that you need exam preparation and curriculum recommendations
- you want to use tutoring (individually, in groups)



- you would get advice on study methods
- you have individual and social problems
- you need help in contacting instructors
- you want to participate in leisure activities
- you want us to involve you in community events

- **Faculty of Engineering and Information Technology - Mentor Club**
The Mentor Club was founded to help the faculty's students with their studies and to keep motivation in mind. The activities of the mentor club are two-fold.
On the one hand, he coordinates the student teacher work that has been in place for several semesters. It manages and supervises the community of student teachers who play a role in catching up with their fellow students.
On the other hand, the trained trainers of the freshman workshops and the student and instructor mentors of the UP mentor program undertake individual and group mentoring.
Topics of group mentoring:
 - establishing students' attachment to the Faculty, engineering, and major.
 - development of general competencies, encouragement to do so (e.g. communication, time management, teamwork, stress management, etc.)
 - learning support
 - self-awareness and career development
During individual mentoring:
 - information advice (what can be found, where, who, what can help)
 - assistance in creating a higher education lifestyle, exchange of experiences
 - detection of cases in need of assistance beyond our competence and redirection to other special services
 - establishing a constructive relationship with those who come to us in order to solve personal problems

- **Girls' Day at MIK!**
Date: 25/04/25. 08:15 - 13:00
Art exhibition, 3D printing and welding simulator - Become an engineering student for a day!

Do you want a career in which you can contribute to the world and have the opportunity to invent and implement innovative solutions? Are you interested in natural science subjects and would you like to choose a profession where you can utilize them?

Then get to know the engineers of our faculty, who will tell you about the beauty of the engineering profession through their own experiences!

Planned program:

8.00 – Arrival (MIK aula)

We are waiting for interested parties from 8.00-8.15 at the information desk of the MIK aula. The meeting will be followed by a short introductory game, during which you can get to know each other and us a little. (Location: Room B224)

8.45 – Roundtable discussion (Room B224)



We will start the day with an informal roundtable discussion in the B224 meeting room. During the discussion, lecturers, former and current students of our faculty will introduce themselves and tell you what it is like to work as a woman in the scientific and engineering fields. We ask you to feel free to ask questions about the topics that interest you!

10.00-12.30 – Active programs

From 10.00 we will continue our program with a 5-station interactive tour, within the framework of which you can gain insight into the everyday lives of our engineering students.

Planned stops:

1) "Memories of Pécs" - Opening of the DLA exhibition by Dr. Jin Xin

2) Visit to the BIM lab

Are you interested in what exactly Building Information Modeling (BIM) means? Are you curious about the most modern digital solutions in the construction industry? Join us and immerse yourself in the virtual world of architecture!

3) Let's bridge the gaps! / Interactive games in the civil engineering lab

Within the framework of our playful-interactive engineering session, you can learn about the materials used in the construction industry, find out what a good foundation is like, and while playing with loads, you can also get a taste of the practical side of statics.

4) "We're chipping away" / 3D printer demonstration and welding simulator in the mechanical engineering labs

Watch our 3D printer demonstration, try out our welding simulator, and step into the shoes of our mechanical engineering students for a while!

5) Water purification with sedge and reed / Possibilities of water treatment and water purification

Would you like to find out how natural science subjects can be applied in everyday life? Join us and learn about the methods of natural wastewater treatment at the research pilot site of the Department of Environmental Engineering!

○ ***Be creative! Be an engineer!***

Those waiting for you:

- Prof. Dr. Gabriella Medvegy - Dean, University Professor, Architect
- "The New Normal" - Be with us on the technical path - Dr. Éva Kovács, Associate Professor, Dean's Representative for Communications
Head of the PTE-MIK Television Program Production Department
- Dóra Simon - MIK student
"This path can give you the opportunity to express your creativity, knowledge and show the world what you are capable of!"



- Dr. Jin Xin - Associate Professor
- Dr. Erika Vörös - Associate Professor
- Diána Teodóra Bakk - Department Engineer
"Science belongs to everyone - be brave and be part of the change!"
- Nikoletta Landek – Trainer

