



University: University of Pécs
Country: Hungary

SDG3: GOOD HEALTH AND WELLBEING

3,3 Collaborations and health services

3.3.2 Health outreach programmes

Does your university as a body deliver outreach programmes and projects in the local community (which can include student volunteering programmes) to improve or promote health & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and wellbeing related topics? **Yes.**

Advancing sustainability in global higher education requires an integrated, interdisciplinary approach. Universities should promote cross-disciplinary collaboration through dedicated research centers and embed sustainability into curricula to equip students with both knowledge and practical skills. Experiential learning – such as internships, community projects, and applied research – enhances student engagement and civic responsibility.

Targeted funding is essential to drive innovation in key areas like quality education, climate resilience, renewable energy, sustainable cities, health, and equality. International partnerships further amplify impact through shared knowledge and joint action. Universities also play a vital role in shaping public policy with evidence-based insights and engaging communities to ensure initiatives are inclusive and locally relevant. Through these efforts, higher education institutions can lead the transition to a more sustainable and just future.

The University of Pécs conducts a number of outreach activities for the wider community, which are available all three target groups below:

- Local communities
- Disadvantaged people
- Refugee/immigrant communities

Some of our SDG3 events are listed below:

The University of the Third Age in Paks

04/03/2024, UnivPécs

From March, the University of the Third Age, the popular training programme for the elderly, will be restarted in Paks by the Faculty of Cultural Sciences, Education and Regional Development of the University of Pécs.

The cooperation agreement was signed at the Paks Town Hall by Prof. Dr. Gábor Szécsi, Dean of the Faculty of Cultural Sciences, Education and Regional Development of the UP, Zoltán Szántó, Deputy Mayor of Paks and Gabriella Tóth, President of the Southern Neighbours Public Interest Pensioners' Cooperative on 4 March.

The two-semester programme is supported by the Local Government of Paks and is divided into two semesters, each consisting of 5-5 lectures. The University of the Third Age programme will be professionally coordinated by Dr. Janka Teodóra Nagy, professor and head of department. At the press conference prior to the signing of the cooperation agreement, it was said that the Third Age University programme can significantly contribute to improving the quality of life of the elderly, as it offers not only an excellent learning opportunity for the participants, but also a community experience that can encourage them to take up other learning opportunities offered by the faculty. As Dr Gábor Szécsi said at the press conference:



"In the era of the new generations of universities, a higher education institution must be an active contributor to the social and cultural cohesion of the region or area it is located in. This is the aim of our successful third mission programme, the University of the Third Age."

Cooperation for University Education for Seniors

04/10/2024, UnivPécs

A new semester of the senior education program called University of the Third Age continues in Szekszárd. At the launch of the autumn semester, a cooperation agreement was signed regarding the implementation of the program by representatives of the City of Szekszárd with County Rights, the Faculty of Cultural Sciences, Education and Regional Development of the University of Pécs, and the Southern Neighbours Public Interest Retirees' Cooperative. Following the ceremonial signing of the agreement, Prof. Dr. Gábor Szécsi held the first lecture of the autumn semester titled "The Mediatized Human."

The University of the Third Age program of the Faculty of Cultural Sciences, Education and Regional Development of the University of Pécs started at the Szekszárd campus of the faculty with the ceremonial signing of the cooperation agreement. The agreement was signed by Attila Berlinger, Mayor of the City of Szekszárd with County Rights; Dr. Gábor Szécsi, Dean of the Faculty of Cultural Sciences, Education and Regional Development of the University of Pécs; and Gabriella Tóth, President of the Southern Neighbours Public Interest Retirees' Cooperative. The agreement ensures the conditions for the successful implementation of the program and the launch of further semesters.

From this October, the University of the Third Age welcomes senior learners once again with a variety of engaging topics. Renowned university lecturers and researchers will present lectures on subjects such as cultural theory, local history, and healthcare. The first lecture of the semester, titled "The Mediatized Human," was given by Dr. Gábor Szécsi following the signing of the cooperation agreement.

"The Artificial Intelligence Revolution Has Begun"

16/04/2024, UnivPécs

The Artificial Intelligence Professional Day, organized by the Institute of Mathematics and Informatics of the Faculty of Science at the University of Pécs (UP), was held on April 16 in the Vargha Damján Conference Hall. The event explored current issues surrounding the education, research, development, and application of artificial intelligence (AI), bringing together university faculty, researchers, and industry experts from organizations and companies engaged in the field.

The conference aimed to provide both theoretical and practical insights—through case studies—into the significance and opportunities of AI research and its real-world applications. It offered a valuable platform for UP's academic staff and researchers to engage in professional dialogue with industry representatives and lay the foundation for future collaborative training and research partnerships. Key discussions also addressed how various AI technologies can be effectively integrated into education and academic research.

Organizers also kept in mind undergraduate informatics students preparing for their mandatory internships, offering attending companies the chance to present their internship and junior programs. Throughout the day, students could visit company booths to ask questions—not only about career paths but also about AI in general. The conference was accessible live in English as well, attracting a strong international student turnout.

The event was opened by Dr. András Trócsányi, Dean of the Faculty of Science at UP, who emphasized the importance of embedding market and industry trends—such as AI—into educational programs. "We've already partially incorporated AI into our curriculum," he



explained, “but its use in research raises numerous professional and ethical questions, such as how much of a scientific paper can be based on AI-generated content.”

Screening tests can save lives!



The European Cervical Cancer Awareness Month is organized annually during the third week of January, now between January 22–28, this is the 11th time that the Mályvavirág Foundation is participating in the international awareness campaign and coordinating the Hungarian events. This year, for the first time, the National Directorate General for Hospitals has also joined the Mályvavirág Foundation’s initiative, the main patron of the program is Dr. Péter Takács, State Secretary for Healthcare. The aim of this year’s campaign is to raise awareness about prevention – the HPV vaccination is available free of charge and voluntarily accessible to 7th-grade girls and boys in Hungary - and the importance of regular screening tests, as well as to motivate more women to participate in cervical screening tests in 2024. Last December, the Mályvavirág Foundation took part in the first thematic informative afternoon for adolescent and young adult girls, organized by the EgészségtudományÉRT Foundation and the University of Pécs Faculty of Health Sciences, where the focus was also on better understanding HPV, which is now supported by the foundation’s comic book titled COOLTAS as well.

Shoot4Earth

28/09/2024



At the end of September, the Global Filmmaking Marathon started again, where creativity and environmental consciousness went hand in hand. Last year’s Shoot4Earth - Shoot for Earth! competition was also raising awareness of how each bite counts: food waste is a huge problem worldwide and your film idea can help this fight. What makes the competition special is that you only have 24 hours to make a not more than one-minute-long movie using your mobile phone, that highlights the importance of conscious food consumption and sustainability.



Bike Breakfast on the faculties

16-22/09/2024



The European Mobility Week was held for the 23rd time between 16th and 22nd September, offering a number of interesting programmes for anyone interested in learning more about environmentally friendly and sustainable transport. In connection with the programme series, the Green University Program of the University of Pécs, in cooperation with the institution's faculties, member institutions and partners, prepared a diverse range of zero-emission programmes to jointly encourage safe cycling among the travelling public. In keeping with tradition, Cycling Breakfasts were organised for students and staff at the faculties. At the member institutions of the UP, those arriving by bike were treated to a refreshing breakfast and took part in a raffle, with the lucky winners receiving useful cycling equipment. The program was made even more colourful by a free visit to the Drótszamár Highway Code Park, free use of Pécsike and local public transport, the Bike Safe program courtesy of the Baranya County Police Headquarters, and a fire safety quiz organised by the Baranya County Disaster Management Directorate. The Fit-Boys also checked bicycles free of charge.

Pécs Cycling Day 2024

11/05/2024



As the final stage of the Tour de Hongrie approaches Pécs, the city was preparing for the event with increasing excitement. To add to this, the city organised a cycling day on 11 May, focusing on promoting cycling. Cycling enthusiasts were also welcomed by the UP team with special interactive activities at Széchenyi Square.

Researchers' Night

27/09/2024

The shouting contest and the pancake made with renewable-energy were the most popular at the Faculty of Engineering and Information Technology of the University of Pécs during the European Researchers' Night, which is traditionally organized nationwide annually on the last Friday of September. This year, the UP awaited visitors with nearly 250 colorful programs across 10 venues.

The sweet aroma of pancakes was the last thing we expected when we entered the building of the Faculty of Engineering and Information Technology late Friday afternoon, to discover what computer scientists, architects and engineers are working on. But that is what welcomed us, so we immediately stopped at the first station, which was offering the delicious treats. According



to the poster, we were participating in the Renewable Energies in Everyday Use demonstration, but it was actually about quick and efficient pancake production.

In our daily lives, we use a lot of electricity, but the moment there's a power outage, we immediately feel a bit lost. The enthusiastic employees of the Faculty of Engineering and Information Technology demonstrated how electricity can be generated with a single modified exercise bike, so with renewable energy, which was then used at the event to power an induction cooktop where pancakes were made continuously.

At the next table, we could test ourselves in olfactory diagnostics, where surprisingly the children were much better than adults at identifying the scents of everyday ingredients, spices, and wood shavings in the glass bottles.

One of the evening's most popular activities was the teddy bear rescue, where children could explore the operation of the human body with the help of medical students. Dressed as surgeons, they were able to perform life-saving surgery and look at X-rays while laughing and learning new things about the world of medicine.

The curious visitors could also get an insight into the eerie world of the Institute of Forensic Medicine, where the last moments of the murder cases in Baranya County were explored under the guidance of Dr. Gábor Simon, director. The programme showing the work of forensic doctors known from the CSI films was particularly popular, as the audience could even visit the autopsy room.

Besides medicine, the guests were also fascinated by the colourful world of biophysics. Through a four-stage demonstration, they discovered how the invisible becomes visible: from the differences between fluorescence and phosphorescence, to microscopes and the necessity of glasses. The participants could observe the different biological samples with their own eyes, try out lasers and luminescent screens.

In addition, there were numerous lectures and interactive activities that further expanded the scientific experiences. The variety and interactivity of the presentations ensured that the Medical School provided a memorable experience for all ages during the European Researchers' Night.

Science Locked in the Eyes

Let's imagine we are in a store, browsing among different products lined up on the shelves. Our choices are influenced by both conscious and subconscious factors. This is where the science of neuromarketing comes in, a field specialized in understanding consumer behavior, working with particularly intriguing methods. On the European Researchers' Night, participants could have an exciting insight into this scientific discipline at the Faculty of Business and Economics of the University of Pécs, where they could learn about the innovative methods of eye-tracking research and had the opportunity to try out the latest technology that is revolutionizing the development of marketing strategies.

In neuromarketing research, the eye-tracker plays a key role, as it can monitor consumers' eye movements in real time. During purchasing decisions, both conscious and subconscious factors influence choices. The eye-tracker enables researchers to monitor where participants are looking, how much time they spend at different products, and how they react to visual stimuli.

During the European Researchers' Night, Erika Lázár, a researcher at the CoRe Lab, presented in detail the benefits of using the eye-tracker and explained that neuromarketing is not only useful for marketing professionals but also plays a significant role in enhancing consumer experience.

"With the help of the eye-tracker, we can see in real time where consumers' attention is directed and how they react to different visual stimuli. This method allows us to understand the motivations and emotions behind purchasing decisions" - said the researcher. These words are partic-



ularly important as they highlight that in addition to conscious consumer decisions, subconscious reactions also play a key role. The researcher emphasized that "traditional market research methods often fail to provide a complete picture of the internal processes of consumers. However, with eye-tracking technology, we are able to collect data that can help optimize products and advertisements."

For the event's interactive section, participants had the chance to try the eye-tracker themselves and explore how the facial recognition system works. This brought them closer to the practical application of neuromarketing, and they could personally experience how the subconscious influences purchasing decisions.

The European Researchers' Night not only offered an entertaining experience but also opened a new dimension in the field of marketing, in which science and practice both play an important role. The opportunity to take a look into the exciting world of neuromarketing may encourage future marketing professionals to enrich their strategies with creative and scientific approaches.

University for the Elderly



PLUSZOSOK EGYETEME

The University of Pécs advertises an online free university.

The University of Pécs' educational series, the University of the Plus. The speakers include renowned scientists, public figures, and university researchers. The program a lot of registered participants from all over the country and even from several continents.

"The world is not only for twenty-year-olds!" The University of Pécs announces an online free university with the motto

The interesting lectures, which often touch on the issues of old age, are given by excellent researchers and lecturers of the University of Pécs.

Themes:

VIII/1 (26/02/2024) Prof. Dr. Lajos Botz: Original or copy – the pharmaceutical industry's double game?

VIII/2 (11/03/2024) Dr. Krisztián Bene: Hungarian adventurers in the French Foreign Legion

VIII/3 (25/03/2024) Dr. László Szapáry: Effective treatment and prevention of cerebral vascular accidents

VIII/4 (08/04/2024) Prof. Dr. Tamás Lakner: The musical image of reality

VIII/5 (22/04/2024) Prof. Dr. László Lénárd: How does nutrition become an addiction?

VIII/6 (06/05/2024) Prof. Dr. Miklós Nyitrai: Health and medicine in space

The lectures are available on YouTube via PTE 1367.

The University of Pécs for Families



The University of Pécs for Families organization organizes the following programs for university citizens (See some examples below!):

- Health assessment
- Lecture



- Let's discover the world's fantastic wine regions! Our October destination: Portugal's wine regions and wines.
Event time: October 29, 2024, 5:00 p.m. - 6:30 p.m.
Event location: 7633 Pécs, Szántó Kovács János u. 1/B; Dr. Koltai Dénes Auditorium
- Let's discover the world's fantastic wine regions! Our fourth stop: Italy's wine regions and wines
Event time: April 16, 2024, 5:00 p.m. - 6:30 p.m.
Event location: 7633 Pécs, Szántó Kovács János u. 1/B; Dr. Koltai Dénes Auditorium
- "Exploring outer space" - planetarium lecture
Event time: April 13, 2024, 12:00 p.m.
Event location: Zsolnay Quarter, Planetarium
- Newsletters
- Cultural programs
 - How could I live without you? - Film screening followed by a Q&A session with the audience
Event time: December 18, 2024, 6:00 p.m.
Event location: Kultik Pécs - Uránia Cinema (Pécs, Hungária út 19.)
 - Champagne & Chill
Event time: December 17, 2024, 5:00 p.m. - 6:30 p.m.
Event location: PTE Chancellery, Dr. Koltai Dénes Auditorium /Szántó Kovács János u. 1/ b./
 - Concert by trombonist Wojciech Jelinski
Event time: December 12, 2024, 7:00 p.m.
Event location: PTE Faculty of Arts, Institute of Music, Liszt Ferenc Concert Hall
 - "The Warmth of Winter" - Advent in Varasdón (Advent bus trip)
Event time: December 7, 2024, 11:00 a.m.
Event location: Departure point: Szántó Kovács János utca 1/b (bus stop next to the government office parking lot)
- Sporting event
 - PTE Dragon Boat Regatta
Event time: 28 September 2024, 9:00 a.m.
Event location: Orfű, Active Water Tourism Center
 - "Ride into the green!" Bike tour
Event time: 21 September 2024, 9:30 a.m.
Event location: Harkány, Kossuth Lajos u. 2, 7815, in the parking lot opposite the Amadeus confectionery
 - Run for Cancer Treatment! 2024
Event time: September 14, 2024, 11:00 a.m.
Event location: Széchenyi Square
- Camps



- Blood donation
 - Donate health! Those who give blood give life! Blood donation at the Chancellery
- Event time: June 17, 2024, 9:00 a.m. - 11:00 a.m.
- Event location: PTE Chancellery (7633 Pécs, Szántó Kovács J. u. 1/b)

The Future is Happening Now

- PTE BTK
Title of the lecture: Challenges of a Changing World in the Age of Artificial Intelligence
Date of the event: October 15, 2024 (Tuesday) 4 p.m.
Venue: KTK Fintelligence Hall
- PTE ÁJK
Title of the lecture: "Per aspera ad astra" - current regulatory challenges on the World Wide Web and in outer space
Date of the event: Tuesday, November 12, 2024, 4 p.m.
Venue: KTK Fintelligence Hall
- PTE ETK
Title of the lecture: Digitalization & innovation in patient care and research and development
Date of the event: Tuesday, December 10, 2024, 4 p.m.
Venue: KTK Fintelligence Hall

Open University (lectures) for the general public

THE OPEN UNIVERSITY is a series of educational and informative lectures in which the university's lecturers present their research and experiments on exciting topics in an understandable format. The success of our lectures is shown by the fact that we have come up with new topics more than two hundred and fifty times so far. The purpose of the program is to broadcast educational lectures for the public via city cable television networks and our partner television stations. The duration of each performance is 25 minutes and can be seen in HD quality on the Pécs TV channel and on our 18 partner televisions.



Green University Program of the University of Pécs

The University of Pécs (UP) launched its Green University Program in 2016. The mission of the program is the encouragement of all innovations, good practices, initiatives and local policies regarding environmental sustainability; and furthermore, to shape and strengthen ecological awareness by the means of science and education. This wide ranging program serves as a foundation for the implementation and if necessary – in this rapidly changing world that is filled with challenges – for the correction of the University's sustainability strategy.

Social acceptance of the achievements in environmental protection and sustainability are proven by the Green University Program gaining a greater role in the operation of the University and the improvement of the UP brand. The aim of the UP Green University Program is to preserve the achievements and implement new projects. The results can only be successful if university students think of adherence as a possibility and strive to participate actively in the programs. The role of UP in awareness raising is significantly growing right now.

The UP Green University Program serves as a catalyst for green innovations that aim to implement sustainable development goals. The 'green idea' is horizontally present in almost all areas of life, therefore it is important to exploit the synergies that strengthen and shape the individual's thinking through complementary and supportive programs, and make 'green action' an almost subconscious part of everyday life.

The UP is using every educational and other, practical methods to fulfil its social responsibility towards students, employees and the citizens. Professors and employees of the University give presentations and are trying to educate and raise the awareness of each and every age group from the little ones to the elderly as well, in order to bring science closer to everyone and make it more understandable. In 2023-2024 too, with an awareness-raising aim, scientific and informative courses are being launched at the University that anyone can register for. The UP aspires to take the green idea to as many people as possible with this.

The University organized numerous awareness-raising actions within the Green University Program in several sectors, including energy usage, transportation, waste management and water management, health protection and preservation. The most important programs connected to awareness-raising events and their results are all listed on the website, Facebook and Instagram page of the Green University Program.



Activities in 2024

No.	Date	Activity	Report	Photo
1.	23/01/2024	SpongeCity , operated by the University of Pécs, Hungary	Reporting on several projects related to the Green University Program.	
2.	12/02-28/06/2024	Introduction to Sustainable Development Goals (SDGs) online course, initiated by the University of Pécs	Within the framework of the Sustainability Platform for Hungarian Universities, in the spring semester of the 2023/24 academic year, as the result of joint work by 11 Hungarian universities, an online sustainability course similar to the UI GreenMetric WUR initiative was launched, entitled 'Introduction to the Sustainable Development Goals (SDGs)'. The online course, which is unique in Hungary and has been launched on a pilot basis, was taught by experts from various universities who analysed different aspects of the Sustainable Development Goals. 1400 students have registered from all over the country.	
3.	15/02/2024	Paper briquettes , organised by the University of Pécs	Students from the Babits Mihály Primary and Secondary School of the University of Pécs took part in an exemplary, innovative initiative at helping a disadvantaged family. As part of their compulsory 50 hours of community service, the students 'manufactured' paper briquettes sufficient for a whole heating season	

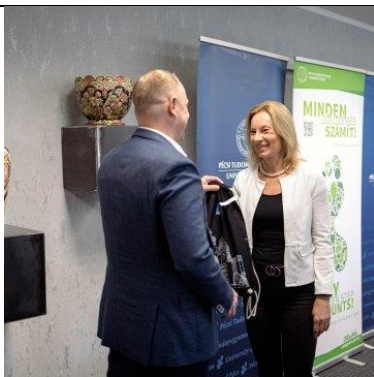


			from waste paper, sawdust and water.	
4.	06/03/2024	Act today for tomorrow - International World Energy Saving Day , organised by University of Pécs, Hungary	Around the world on 6th March, actions are being organised to save energy. It is a day that encourages us to act as individuals for the benefit of the community, drawing attention to the fact that with a little attention we can save a lot of energy and therefore money in our households. The individual steps we can take to protect our environment and to combat energy and resource waste extend to all areas, from where we live to where we work, and from energy saving to health preservation.	 
5.	09/03/2024	International Evening 2024 , organized by University of Pécs, Hungary	The International Evening, a rich tradition, was held again in 2024. The cultural celebration for international students at the University of Pécs was organised at the Expo Centre in Pécs on 9th March 2024. The event, organised by the English-German Student Council (EGSC) of the Medical School of the University of Pécs, aims to celebrate the cultural diversity of foreign students studying at the University of Pécs.	



6.	20/03/2024	The World Forest Day, organized by the University of Pécs, Hungary	The World Forest Day was celebrated in style by the Green University Program of the UP in cooperation with Mecsekerdő Ltd., in the framework of which a total of 400 oak trees were planted by the citizens of the University and the colleagues of Mecsekerdő Ltd.	 
7.	21/03/2024	Cycle to work at the university! hosted by the University of Pécs, Hungary	The University of Pécs announced a tender for the free use of 25 bicycles provided by the Sports Office of the UP within the framework of the Green University Program's "Cycle to work on your bike! ". The success of the competition is reflected in the fact that twice as many applications were received as there were bicycles to give away.	
8.	22/03/2024	World Water Day, organized by the University of Pécs, Hungary	The Green University Program of the University of Pécs draws attention to the fact that through awareness and action we can collectively reduce water waste and protect water.	
9.	25/03-02/08/2024	Cycle to work! cycling competition, operated by the University of Pécs, Hungary	The University of Pécs ran the "Bike to Work" campaign to encourage staff to use eco-friendly transport like bicycles, e-bikes, scooters, or segways. Participants had to bike to work at least 30 times and upload timestamped photos showing their vehicle and university site. Those who met the goal received guaranteed gifts like waterproof phone cases or	



			toolkits, while those with 40 rides entered a draw for university-branded clothing. The awards were handed out in September. The campaign promoted sustainability and healthy commuting.	
10.	11/04/2024	Spring Cleaning 2024, organised by the University of Pécs, Hungary	Nearly 50 people collected rubbish in Mecsek, organized by the Green University Program of the UP. Class 2/c of the No.1 Practical Primary School of the University of Pécs, the Chancellery, the Teacher Training Center, the University Library, the Green University Program and the colleagues of Mecsekerdő Ltd. took part in the action. The enthusiasm of all of them was needed, because without their hard work, the area around the popular Mecsek excursion site would have remained a very sad sight.	 
11.	1-12/07/2024	Eco Adventure Camp 2024, University of Pécs, Hungary	The No.1 Practical Primary School the University of Pécs and the UP Green University Program launched an environmentally, playful camp for children 6-10 years. The camp was aimed at children who care about protecting our environment and want to gain insights into the most pressing challenges of sustainability through playful, experimental activities. The activities included learning about energy sources, the eco-	 

			friendly packaging of the future, the importance of separate waste collection and the basics of sustainable development.	
12.	16-22/09/2024	European Mobility Week, held by the University of Pécs, Hungary	The European Mobility Week was held for the 23rd time between 16th and 22nd September, offering a number of interesting programmes for anyone interested in learning more about environmentally friendly and sustainable transport. In connection with the programme series, the Green University Program of the University of Pécs, in cooperation with the institution's faculties, member institutions and partners, prepared a diverse range of zero-emission programmes to jointly encourage safe cycling among the travelling public. In keeping with tradition, Cyling Breakfasts were organised for students and staff at the faculties. At the member institutions of the UP, those arriving by bike were treated to a refreshing breakfast and took part in a raffle, with the lucky winners receiving useful cycling equipment. The program was made even more colourful by a free visit to the Drótszamár Highway Code Park, free use of Pécsike and local public transport, the Bike Safe program courtesy of the Baranya County Police Headquarters, and a fire safety quiz organised by	   



			the Baranya County Disaster Management Directorate. The Fit-Boys also checked bicycles free of charge.	
13.	19-20/09/2024	XIII Science Festival with the participation of the University of Pécs	The 13th Science Festival was held in Pécs on 19-20th September 2024 at the E78 building complex in the Zsolnay Cultural Quarter. The Green University Program of the UP was also present, welcoming enthusiastic participants with the Green Aura model and an online game. The event showcased 21st-century technological developments and IT tools in an engaging and playful way, including elements of robotics and virtual reality applicable in education. In addition to inspiring students, the festival aimed to widely promote innovative and sustainability-focused thinking.	  
14.	11/10/2024	Go to the UP! CultureFest 2024, organized by the University of Pécs, Hungary	The Culture Fest is not just for graduates, everyone who is about to be admitted should come! There is more than just a stand, there are also a range of presentations, workshops and advice sessions to help those who want to continue their studies. In addition to university faculties and organizations, exhibitors also include city institutions and the university's corporate partners. Prospective students are shown career paths by professionals to help them choose a course that really interests them.	 



15.	30/09-31/10/2024	Packaging-free Month at the University of Pécs, Hungary	Take food, not trash! - Rakun Box Community The goal of the Rakun project is to replace single-use takeaway boxes with a refillable alternative.	
16.	Since 07/11/2022	NoMoreDrops - used cooking oil collection , organized by the University of Pécs, Hungary	The collection of used cooking oil started at the 21 UP on-site collection points at the beginning. Some of the collection points are open not only to UP citizens, but also to the general public, and this service is available not only in Pécs, but also in Zalaegerszeg, Szombathely and Szekszárd UP locations.	
17.	Since 01/10/2019	Pet-bottle free , University of Pécs, Hungary	The University of Pécs is the first among Hungarian higher education institutions to stop purchasing plastic PET bottled water and drinks. Free water filling stations were installed instead.	
18.	Since 2016	Pécs Summer School , initiated by the University of Pécs	The International Directorate of the UP organized six summer schools in 2024. The courses are open to students from partner universities abroad as well as UP students. In addition to the classes, the University provided a very varied cultural program, with the aim of familiarizing the participants with the city of Pécs, the region and giving them an	



			intercultural experience of a lifetime. The programs included a visit to a museum, a quiz night, an intercultural evening, an evening of Hungarian flavors, wine tasting, a sports competition, and a beach party.	
--	--	--	--	--

Hundreds of events related to sustainability are organized each year at the University of Pécs.

Some of our sustainability events are listed below:

VIII. Learning Festival

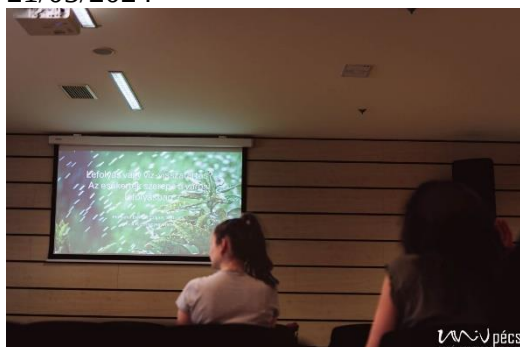
19-20/09/2024



The VIII. Learning Festival will once again welcome visitors with special programs and experiences between 19th and 21th September 2024. The aim of the event is to make the joy and usefulness of learning accessible to everyone, while building a green future in the spirit of sustainability. During the three days of the festival, visitors can enjoy a number of exciting programs in the heart of the city center, on Széchenyi Square and in the Civil Communities House, as well as in several other parts of the city. This year's motto, "Pécs – the sustainable learning city," focuses on green and digital technologies, sustainable culture, and health and well-being.

Runoff or water retention? The role of rain gardens in urban runoff

21/05/2024



Extreme weather conditions in recent years, including intense rainfall and periods of drought, have increasingly highlighted the need for effective water management. Flooding and rapid water runoff are serious problems in urban areas, so new, innovative solutions are needed. This was the topic of the presentation "Runoff or water retention? The role of rain gardens in urban runoff," which was held on 21st May at the Knowledge Centre as part of the Green Library program series. The lecture was given by Dr. Szabolcs Czigány, lecturer at the Institute of Geography and Earth Sciences of the Faculty of Sciences of the University of Pécs.



Lectures organized by the PTE Green Library



“Ride by bicycle to the University!”

03/25-02/08/2024

The UP Green University Program and the Rector's Cabinet Relations Directorate of the UP announced a cycling giveaway for UP employees between March 25 and August 2 titled “Ride by bicycle to the University!” Those who arrived at work by bicycle, e-bike, scooter, e-scooter, or Segway at least 30 times during the specified period were awarded on September 17, 2024 in the Chancellery Section Room of the UP.

To participate, employees had to take photos with date stamps clearly showing the vehicle used and the university site and upload them to the game's website. Each UP citizen could upload one photo per each working day, a participant could register at least 30, and not more than 40 photos. Tünde Kulcsár, coordinator of the UP Green University Program, thanked all participants, expressing her happiness that the initiative was such a success.

With the giveaway, they wanted to draw attention to environmental sustainability, a healthy, sporty lifestyle, and also aimed to promote alternative transport forms.

István Decsi, Chancellor, said that the nearly 1,000 submitted photos prove that the University of Pécs still deserves its title as a Bicycle-Friendly Workplace, which was given to the institution for the third time this year. He also spoke about the university's participation in the pedelec test program, which will conclude in one and a half months, and whose experiences together with the “Ride to Work by Bike!” free employee bike-use initiative will be used in future infrastructure developments, such as additional bicycle storage facilities.

“I believe that cycling is a great option in urban transport. If someone can organize their life around committing to this transport form, they can gain many benefits, from health preservation to avoiding traffic jams, or, in the university's case, freeing up parking spaces” - said István Decsi.

Fanni Navreczki, program manager of the UP Green University Program, pointed out that this week is European Mobility Week, in which the university is also participating in. Among other things, at university campuses and partner institutions, bicycle breakfast and prize draws are



organized for everyone who arrives by environmentally-friendly means of transport. The UP Green University Program will also be present at the 13th Science Festival with colorful and exciting programs.

Testing electric bikes

16/10/2024

The University of Pécs (UP), Hungary's greenest university, remains committed to environmentally conscious solutions, especially when it comes to promoting sustainable modes of transport. As part of its Green University Program, UP has already supported cycling to work through a spring initiative — and now, thanks to a collaboration with the Institute for Transport Sciences and Logistics (KTI) and Hellovelo Zrt., a pedelec (electric-assist bicycle) test program has been launched. The official handover of the e-bikes took place on 16th October, 2024 at the UP-Chancellor's Office.

As part of the Green University Program, UP made bicycles available to interested staff members free of charge for an entire year, encouraging the use of environmentally friendly commuting alternatives. A related sustainability campaign, "Ride to Work on Two Wheels", also offered incentives through a prize draw to motivate more university staff to cycle to their workplace.

In addition, UP is now participating in a pedelec test program initiated by KTI, allowing two staff members to test electric bicycles until the end of November. This initiative provides further insights into sustainable mobility options. The aim is to support the development of efficient mobility solutions and offer UP staff the opportunity to experience how these bicycles can be integrated into their everyday routines.

"The Green University Program is our flagship sustainability initiative, showcasing the commitment our university citizens demonstrate toward sustainable transportation.

This year, we've placed a special focus on sustainable mobility, which is why we were pleased to provide bicycles to our colleagues in the spring, and now these 15 electric bikes serve the same goal.

We believe that initiatives like this can empower our university community to take an active role in building a more sustainable future,"

said István Decsi, Chancellor of UP.

Thanks to Hellovelo Zrt., UP staff members now have a new opportunity: they can test 15 electric-assist bicycles free of charge, either through shared or exclusive use.

The goal of the test program is to assess which distances and campus locations are best served by these bikes for commuting and official university travel. E-bikes offer a flexible and practical transportation alternative and can make a significant contribution to UP's sustainability goals.

"It's extremely important for us to be present in regional cities like Pécs and to demonstrate that bicycles are a viable mode of transport.

Electric bikes aren't just ideal for short trips within the city — they also encourage more environmentally conscious thinking and can help reduce urban traffic in the long term,"

emphasized Ágoston Hényel, CEO of Hellovelo Zrt.

One of the program participants, Eszter Merkl, a maintenance worker in Facility Zone 4, shared her experience:

"The e-bike will make it much easier for me to get to work. We often travel between university sites, and we've typically used cars to move between faculties, so I thought I'd try this more sustainable form of commuting."

Tünde Kulcsár, Head of the Green University Program Office at UP, added:

"Within the Green University Program, we continuously seek opportunities that contribute to sustainability — whether in transportation or other areas of university operations.



Cycling is not just an option anymore; it's increasingly a necessity. It provides a practical, fast, and cost-effective way to travel between campuses."

During the one-month testing period, users of the electric bikes will explore how this form of mobility can improve their daily work experience and help ease parking congestion across the UP's campuses.

Open Workshops

08/05/2024



On 8th May, the public was invited to explore the creative environment at the UP Faculty of Arts during the "Open Workshops" event. Attendees could observe demonstrations in abstract painting, the basics of sculpture, recycled-clay ceramic sculpture, and the work of a data-driven and algorithmic sound art workshop—each led by students and faculty across different artistic disciplines.

International Seasons – April 2024

04/2024



In April 2024, the University of Pécs hosted a series of *International Seasons* events featuring lectures, exhibitions, and cultural programs.

STUDENT VOLUNTEERING PROGRAMMES

Dream Factory of Sustainability

15/02/2024

Students of the University of Pécs Practice Primary and Secondary School Babits Mihály Secondary participated in an exemplary, innovative initiative, the goal of which was to support a disadvantaged family. The students, within the framework of the compulsory 50-hour community service, "produced" paper briquettes enough to supplement heating for an entire season, made from wastepaper, sawdust, and water.

As Hungary's greenest university, the University of Pécs strives to take the lead in building sustainable communities, of which we have seen several examples recently.



The briquette-making project of the students of Babits Mihály Secondary School is a great example of how even a smaller cooperation can improve the life of others, this time that of a disadvantaged family in Komló. However, the cooperation does not end here, the members of the first briquette-making group are continuously passing on the know-how of paper briquette production to other students.

“We gladly supported the initiative, which, besides serving a noble cause, promotes waste recycling and plays a significant role in striving for environmental and social responsibility, as well as in developing openness and receptivity among students. We are very pleased that we were able to make our efforts for a shared goal together with our cooperating partners. The project was realized in cooperation between the Chancellery of the University of Pécs, the UP Practice Primary and Secondary School Babits Mihály Secondary School, the UP Green University Program, Mecsekerdő Zrt., and Agro-Porta Ltd. of Szentlőrinc” - said István Decsi, Chancellor of the University of Pécs.

“The cornerstone of the concept of the UP Green University Program is awareness-raising to support the achievement of the goals of sustainable development. It is particularly important that we develop and extend the green philosophy and promote environmentally conscious thinking. To develop awareness, the University of Pécs devotes special attention and provides space for the targeted education of secondary school students so that the ‘green’ mindset may become a basic element of their daily lives” - emphasized Tünde Kulcsár, Program Coordinator of the UP Green University Program.

“The idea came from my colleague Gergő Pintér, who is a PE teacher and homeroom teacher at the school, and who is very socially sensitive. First, with the support of the Green University Program of the Chancellery, he purchased the briquette-making machine, then came up with the idea of how to recycle the paper waste generated at the school, and how we could involve the students in the process. I was very happy about it and welcome every similar initiative, especially if it comes from colleagues or students. Sustainability and social sensitization are integral parts of school programs. We continuously cooperate with the UP Green University Program, participate in their programs, and of course, we collect waste selectively. We are very lucky because many colleagues in the institution lead by positive example. I would like to highlight Dóra Tarnai, who lives by the principles of sustainability and the green concept, which is exemplary for all of us. She involves the school in many national and international projects. We currently have an international project running where we are setting up two raised beds, which will also be worked on by students. I believe that students gain a lot from these initiatives,” said Andrea Sulyok, Head of the Babits Mihály Secondary School unit of the University of Pécs Practice School.

She added: it is advantageous for students that they can fulfill the compulsory 50 hours of community service locally, within the institution, and it is very important that during this time they truly experience what it is like to help. “I support the idea that volunteering should be about something where our students genuinely provide help because I believe every student will feel these principles their own if we bring those close to them, if they can gain personal experience. I think a student who has tried briquette-making and has seen how it works will experience the task in a completely different way. They feel what it means to help others, see that we can recycle the waste generated in our environment, and contribute to a family not having to be cold” - added Andrea Sulyok.

Transmitting social sensitivity and a sustainability mindset is a key goal of the institution. The high school earned the title of Eco-School in 2021, coordinated locally by Eszter Muráth, thanks to whom students can participate in further green programs that bring the conscious and green lifestyle closer to them. “Personal example has very great pedagogical value, and my colleagues



mentioned do not only talk about sustainability, but live according to it, they are true role models!” - emphasized Andrea Sulyok.

The institution is undergoing digital transition, yet a significant amount of paper still ends up in the school’s recycled waste bins. For briquette-making, this paper waste is used partly, and partly donations, for example, shredded invoices. The finished compressed paper bricks provide excellent heating support alongside wood, coal, or pellets. In the future, with the support of the Faculty of Engineering and Information Technology of the UP and Körber Hungária Ltd., a paper shredder will also assist the recycling process.

“The essence perhaps is not what we do, but the purpose for which we do it. We wanted to help the most disadvantaged families, in a cause that few deal with. When the energy crisis was announced in the summer of 2022, everyone was scared about what would happen. The two worst situations in life are being hungry and cold. I thought of an idea that could perhaps be feasible, with which our school and students could help those who would not be able to afford gas or firewood and would be left on their own without heating” - said Gergő Pintér, initiator of the project and teacher at the Babits Mihály Secondary School.

Briquette-making consists of a few simple steps that students can easily learn and pass on. The first step is to mix the dry material, so the shredded paper waste with sawdust, which is good because it has a higher calorific value than paper. The combined solid texture of the two materials results in a heat-retaining mass, significantly increasing the heating value compared to burning paper alone. Students take water from the school’s rainwater collector to moisten the shredded paper and sawdust. After this, the mixture is left to sit and soak, during which the cellulose dissolves from the paper, which has an adhesive effect, meaning that after pressing and sun-drying, the dissolved cellulose glues the briquette together.

“Thanks to the project, students can fulfill their compulsory 50 hours of community service here at the school, which is a requirement for taking the final exam. The students are very enthusiastic, there are some who feel this initiative close to their hearts and continuously participate, helping the newly joining ones” - said Gergő Pintér.

So far, approximately 100 students have participated in briquette-making, who receive one hour of verified community service for every 15 briquettes made. Thanks to the collaboration and the well-functioning system, a family in need now has 1.5–2 cubic meters of briquettes to make the heating season easier. Gergő Pintér also said that paper briquettes are a good choice because their combustion releases fewer harmful substances into the air, compared to when people living in deep poverty literally burn everything they can find, to keep their homes warm.

“I am in contact with the leadership of the Unified Special Education Methodological Institute in Komló, and with their help we found a student who performs well in school and is multiply disadvantaged, and it was their family to whom we delivered the prepared briquettes. This was the first briquette package that was sent out today, but hopefully not the last, because we really want to continue this initiative” - emphasized Gergő Pintér.

Among the students, there are some who had already completed their compulsory 50 hours and joined the project after that, because they found briquette-making interesting. As they said, they love when the ‘briquette factory’ is buzzing with work, everyone has their own task, and the atmosphere is always great.

The Most Energy-Efficient PTE Dormitory to Receive a Recreational Zone!

03/04/2024

Climate change and environmental degradation pose serious threats and challenges worldwide today. It has become clear to everyone how important it is to protect our environment effectively, as the future of our planet is at stake. Therefore, the conscious and economical use of our resources is of key importance. In this light, energy savings play an outstanding role in addressing energy and climate protection.



“For the University of Pécs (PTE), sustainable energy management is a key priority, and to this end, the university has implemented several cost-saving and environmentally friendly measures. Additionally, PTE encourages its citizens to adopt a more environmentally conscious mindset in terms of energy use, as involving and engaging the university community is essential for success. This is a shared responsibility—the goal is to reduce operating costs, lower energy consumption, and protect our environment. After all, the greenest energy is the one we don’t use,” emphasized Tímea Zalay-Cseresznyés, Director of Operations and Investments.

Electricity costs can be further reduced by utilizing solar energy. To this end, the Pannon Energy Community Nonprofit Ltd. was established in 2023, of which PTE is also a member,” added István Decsi, Chancellor of the University of Pécs. To ensure that everyday energy-saving efforts are effective, a new mindset and conscious behavior are necessary. To support this, the University of Pécs invites its community to participate in various activities.

“At PTE sites, we are placing stickers to help promote energy-saving habits. Economical behavior is a fundamental element of environmental sustainability, and many of our awareness campaigns are connected to this. One example is the initiative announced for faculties, ‘Green Steps for Health – Take the Stairs with Us!’ which encouraged students and staff to participate with various playful elements. We are also promoting the green mindset among dormitory residents through an energy-saving challenge competition. The most energy-efficient dormitory will be rewarded with the creation of a full recreational zone.

The Forest Path Towards the Tripammer Tree Has Been Cleaned Up

11/04/2024

Nearly fifty people collected litter on April 11, 2024 in the Mecsek Mountains as part of the UP Green University program. Participants included class 2/c from the No. I Practice Primary School of the University of Pécs (UP), as well as staff from the Chancellor’s Office, the Teacher Training Center, the University Library, the Green University Program, and Mecsekerdő Zrt. Their enthusiasm was much needed—without their dedicated efforts, the area surrounding the popular hiking destination in the Mecsek would have remained a rather dismal sight.

The group set off from Árpádtető towards the Tripammer Tree, collecting discarded waste along both sides of the Melegmány Road. This notable pedunculate oak is also accessible by car, which may unfortunately be what attracts litterbugs, as this stretch of road is less frequented.

As one young environmentalist put it:

Worn-out shoes, various dirty, tattered clothes from T-shirts to sweaters, countless beer and energy drink cans, tossed cigarette butts, plastic bags and sacks were all gathered into the trash bags. Although it only takes 4 minutes to drive the approximately 2.5 km stretch, it took an entire morning to clean both sides of the road from waste.

Little Climate Heroes in Big Action

22/04/2024

In line with Sustainability Theme Week and supported by the PTE Green University Program, the Deák Ferenc Primary School of the PTE Practice Primary and Secondary School joined this year’s “TeSzedd! – Volunteering for a Clean Hungary” campaign, the largest voluntary waste collection movement in the country. On Earth Day, April 22, the students cleaned up the area around the school from litter.

The movement has been encouraging primary and secondary school students, as well as their parents and teachers, to collect abandoned litter and clean up our environment for twelve years now. The students of the PTE Practice School set off in small groups equipped with gloves and garbage bags from the school’s main entrance to clean and beautify the neighborhood. As an eco-school, the institution takes part in waste collection every year, and the program is always very popular, especially among the younger students. This year, 200 students participated in



the campaign. One of the school's key goals is environmental education, which is integrated not only in lessons but also through extracurricular activities in everyday life. Before the collection, the children received safety training, learning which hazardous waste items should only be picked up by accompanying adults.

“Livia Balogh, the teacher and action coordinator, said that this event was the first activity of the Sustainability Theme Week, and the children will participate in further programs and competitions throughout the week. We cooperate closely with the University of Pécs Green University Program, as well as the PTE Babits Mihály High School and the 1st Practice Primary School. Thanks to these programs, environmental awareness becomes part of the children's everyday lives, and they actively participate in these initiatives. We believe it is important to start this kind of education at a young age because environmental awareness will become a moral principle for them, allowing them to set a good example for their own children and grandchildren.

As part of Sustainability Theme Week, on April 23, 25 upper-grade students will visit Budapest for the UNICEF climate protection conference, where they will be welcomed with all-day programs, including film screenings and workshops. On April 25, 2024 the younger students will take part in the last playful block of the competition organized by the 1st Practice School at the Botanical Garden of the University of Pécs. A few students from the school have successfully advanced to the Kaán Károly competition, whose next round will also take place this week on April 26. Besides these, the students will also participate in the GreenSmart Cup, a multi-round sustainability team competition that requires significant preparation, as the challenges include not only everyday but also professional questions.

The University Student Union of the University of Pécs, the Doctoral Students' Union and the University Student Union of all ten Faculties of the University deal with sustainability issues affecting the university and the faculties.

Some of the events from the table:

Information
Name of the activity: Cultural adventures - Busó Carnival in Mohács Description: This event was a cultural trip to Mohács on 12th February to experience the famous Busó Carnival, including a bus ride from Pécs and a souvenir magnet as part of a semester-long series. Participants enjoyed the parade of Busó groups, street festivities, folk dances, music, and the traditional bonfire and coffin burning. The program was open to UP students at a discounted price and to a limited number of non-students.
Name of the activity: STIPENDIUM Hungaricum Forum 2024 Description: The Doctoral Student Association of the University of Pécs organized an online Stipendium Hungaricum Forum on 19th March, held via MS Teams. Participation was free of charge but required prior registration through an online form. The event warmly welcomed all international doctoral students and provided information relevant to the scholarship community.
Name of the activity: XII. Interdisciplinary Doctoral Conference Description: The 12th Interdisciplinary Doctoral Conference (IDK2024) was held on 5-6th April, 2024 at the University of Pécs, Faculty of Humanities and Social Sciences. The conference invited PhD and undergraduate students from all scientific disciplines, offering them the opportunity to present their research as oral or poster presentations in both English (primarily) and, for a



few, Hungarian. Registration and abstract submission preceded the event and it provided an international, multi-disciplinary forum for sharing scientific findings.
Name of the activity: Nevetnikék Charity Concert Description: The Student Government of the Faculty of Music and Visual Arts of the University of Pécs organized a Charity Concert for the Nevetnikék Foundation on 24th April, 2024, in the Liszt Ferenc Concert Hall. The program featured works by composers such as Bach, Pergolesi, Clara Schumann, Saint-Saëns, and García Lorca, performed by students and young musicians. All proceeds from the event were donated to the Nevetnikék Foundation, supporting hospitalized children through playful and therapeutic activities.
Name of the activity: Volunteer action for flood protection Description: The Student Union of the University of Pécs and the Student Government of the Faculty of Engineering and Information Technology organized a volunteer action for flood protection on 20th September, 2024. Volunteers traveled by bus to Dunaszekcső, where they helped fill sandbags to strengthen defenses against the rising Danube. Around 40–50 students and lecturers participated.
Name of the activity: MEDPécs 2024 – Online Conference Description: The Doctoral Student Council of the University of Pécs organized MedPécs2024, an online conference held on 22nd November 2024, for PhD students in the fields of health, medicine, and pharmaceutical sciences. Participants presented their research through oral and poster sessions, with English as the main language, though some Hungarian presentations were also accepted. The event welcomed not only doctoral students but also graduate students with outstanding scientific achievements.
Project name: Angel package Description: The University Students' Union of the UP and its sub-governments organized a gift collection campaign, where they prepared gift packages for disadvantaged children, for whom this surprise could be the only present under the Christmas tree.
Project name: Language Cafe Description: The Language Cafe was organized again by the Student Government of the Medical School of the UP, giving students the opportunity to practice their English and German skills in small group discussions. The main topic of conversation was Oktoberfest. Attendees enjoyed coffee, hot chocolate, and tea while engaging in lively discussions.
Project name: Donations to Misina animal shelter Description: The Student Government of the Medical School of the UP organized a fundraising to celebrate the 30th birthday of the Misina Animal Shelter. Donations of dog and cat food, canned food, blankets, and towels were collected at the Student Office between 18th and 22nd March. The event successfully gathered essential supplies to support the shelter and its animals.
Project name: Preloved Fair Description: The popular Preloved Fair was organized again on 12th November by the Student Government of the Medical School of the UP, welcoming everyone who wanted to hunt for preloved treasures or sell their used clothes. The event took place in the Main Building, Aula, from 4 PM to 7 PM. Attendees enjoyed browsing, buying, and selling second-hand fashion in a lively and friendly atmosphere.
Project name: Blood Donation Description: The Hungarian Red Cross, with the help of the Student Government of the Faculty of Health Sciences organized a volunteer blood donation event on 21st March, 2024, at the "D" building of the Faculty of Health Sciences in Pécs. Donors were reminded to stay well-hydrated and have a hearty breakfast beforehand, and to bring their ID, address card,



and social security card. Many participants attended to give the life-saving gift of blood and help those in need.

Project name: **Fundraising for Nevetnikék Foundation**

Description: The Nevetnikék Foundation and the Student Government at the Pécs Medical School collaborated again to support sick children. During Freshmen Camp, they raised HUF 80,000 by returning bottles and another HUF 170,000 through first-week freshman program tasks, which meant they were able to donate a total of HUF 250,000 to the foundation.

Project name: **Chill with the Peers**

Description: On 15th October the “Chill with the Peers” event was held in the Dr. Romhányi György Hall at the Medical School of the UP. Students were welcomed with hot chocolate, snacks, and informal conversation corners to meet peer helpers and staff from the Student Services Office. The Peer Program, part of the faculty’s well-being concept, aimed to introduce students to peers they could turn to for support with academic, personal life, or mental health issues.

Project name: **2024 Spring Teqball Tournament**

Description: The Student Government of the Faculty of Engineering and Information Technology of the UP organized its 2024 Spring Teqball Tournament. Participants competed for victory and the top podium spot.

Name of the activity: **Charity bake sale**

Description: The Student Self-Government of the Faculty of Business and Economics of the UP organized a charity bake sale at the Faculty.

Name of the activity: **International Evening**

Description: The English-German Student Council (EGSC) of the Medical School organized the International Evening on March 9, a cultural celebration of the University of Pécs’ international students. The event, rich in tradition, was hosted at the Expo Center in Pécs.

Project name: **Charity bake sale**

Description: On 30th April, the Student Union of the Faculty of Engineering and Information Technology of the UP organized a charity bake sale in front of the faculty’s main entrance. The proceeds were donated to MancsRanch – zoo and animal shelter, and visitors could also meet and pet adorable animal guests. Participants supported the cause either by baking treats or by purchasing sweets at the event.

Project name: **Cigarette cleanup campaign**

Description: The Student Union of the Faculty of Engineering and Information Technology at the University of Pécs organized a cigarette butt cleanup on 8th May under the stairs of the Boszorkány Street Dormitory.

Project name: **E.ON Picnic**

Description: On 8th May, the E.ON Picnic was held at the Faculty of Engineering and Information Technology of the UP. Visitors enjoyed roundtable discussions on diversity, sustainability, and green energy, hosted by Csaba Azurák with guests Pixa and Gergő Szobácsi.

Project name: **Beginning of the World: The Search for the Good Life in the Age of Ecological Crisis**

Description: On 15th November 2024, at 6:00 p.m., the College for Sustainable Development of the UP, the Contemporary Challenges Research Center of the Faculty of Humanities and Social Sciences, and the Pécs Community Foundation organized a public event at Reggeli. The guest was human ecologist András Takács-Sánta, who was interviewed by Judit Farkas from the Department of Ethnology and Cultural Anthropology. The discussion focused on his book “*Beginning of the World: The Search for the Good Life in the Age of Ecological Crisis*” exploring its aims, his related work, and the role of communities in the ecological crisis.



Project Name: Sustainability, or circular economy in the fashion industry

Description: The College for Sustainable Development of the UP organized a lecture on 16th April by Réka Szentesi on whether sustainability is truly sustainable in the fashion industry. She discussed how this vast and complex global sector has become one of the most polluting industries, why the concept of sustainable fashion has become outdated, and why the focus should shift toward circularity. Her talk also examined the current business models of fashion and their environmental consequences.

Project Name: Upcycling craft workshop

Description: The College for Sustainable Development of the UP organized an upcycling craft workshop at Ördöghatvan Festival led by one of its students, Adri Szabó. Participants created durable everyday objects from single-use packaging materials, demonstrating how upcycling can reduce waste and integrate long-term solutions into daily life and material culture.

Project Name: Living library on sustainability and human ecology

Description: The program introduced participants to human ecology, a field dealing with the relationship between humans and nature, the ecological crisis, and possible solutions. Attendees had the opportunity to meet the instructors and students of the new Human Ecology MA program and the College for Sustainable Development of the UP, learning about their work, methods, and challenges in building a more sustainable world.

Project Name: Workshop for the Nevetnikék Foundation

Description: The Student Union of the Faculty of Engineering and Information Technology at the University of Pécs visited the Nevetnikék Foundation for a cheerful workshop where eco-friendly toys were created. These toys were placed in treasure chests at various children's hospitals, allowing young patients to choose a favorite piece to give them courage and patience during examinations and treatments. The Student Union expressed gratitude for the opportunity and emphasized the foundation's dedicated and invaluable work, which fully deserves support.

The Babits Mihály High School Community Service

The Babits Mihály High School Community Service, which has been active for many years in the training school of the University of Pécs, regularly organizes and announces community programs where community work can be undertaken and completed.



Gábor Tarnai

Adminisztrátor

★ Feltörekvő közreműködő · 2024. szeptember 4. · 🌐

Jótekonysági rendezvényünk: Fuss a rákgyógyításért!

Kedves Diákok!

A 'Fuss a rákgyógyításért!' lebonyolításához idén is számítunk a diákjaink aktív részvételére a Közösségi Szolgálat keretében. Időpont: 2024. szeptember 14., szombat 10:00-12:00. Kiemelt éves rendezvényünk ezért 5 óra jár! (Magam is ott leszek segíteni!) Feladatok: elsősorban útvonal biztosítás, frissítő állomás üzemeltetése, értékmegőrző, stb.

Jelentkezés itt ill. Tarnai Gábornál. Jelentkezési határidő: szept... Továbbiak



Pécsi Harmadik Színház

KÖZÖSSÉGI SZOLGÁLAT

Babits Gimnáziumnak

2024. januári feladatlehetőségek:

január 14-én, vasárnap 19.00 órakor FERGETEGES KOMÉDIA előadás
ruhatár: 3 fő, 18.30-tól 21.30-ig (3 óra)

január 29-én, hétfőn 19.00 órakor KARTONPAPA előadás
ruhatár: 3 fő, 18.30-tól 20.30-ig (2 óra)



Onódi Emőke 2024. 01. 16. 15:01

2024. február 3. szombat 18.00-01.00 - közösségi szolgálat

Kedves PTE Babits Diákok!

A PTE 1.sz. Gyakorló Általános Iskola a fenti időpontban megrendezésre kerülő Szülők-Nevelők Báljának lebonyolításához várja 4-6 Babitsos diák segítségét. Feladat: ruhatár, tombola árusítás este 6 órától éjjel 1 óráig.

Jelentkezni itt a poszt alatt lehetséges. Előre is köszönjük a segítséget!



Tarnai Gábor 2024. 04. 22. 8:15

Pécs-Normandia Lions Club jótekonysági koncertjén közösségi munka

Segítőként hívjuk, várjuk a tanulókat egy **JÓTEKONYSÁGI KONCERTEN 2024. április 26-án**, melynek bevételét a Club által fenntartott ingyenes szülőszállásra fordítjuk, amelyet a Pécssett kezelt leukémiás és tumoros gyermekek szülei vehetnek igénybe. A rendezvény a POTE AULÁBAN lesz Pécs, Szigeti út.12.

A diákok feladata: belépő jegyek kezelése, rossz idő esetén ruhatár kezelés, valamint a zenekar részére a színpadon a székek elhelyezése.

Megjelenés: az alkalomhoz illő iskolai, ünneplő viselet.

17 órakor várjuk a diákokat, kiskönyvet hoznak magukkal!



Tarnai Gábor 2024. 04. 11. 8:26

Közösségi szolgálat a PTE Botanikus Kertben

Kedves Diákok!

A dísznövény-kiállítást és vásárt idén május 11-12. között tervezzük megtartani.

A korábbi évek gyakorlatához hasonlóan rengeteg órát lehet gyűjteni viszonylag egyszerű munkával.

Mindkét napon 10:00-14:00 és 14:00-18:00 órák között kellene felügyeleti, ruhatáros és látogatószámlálási feladatokat ellátni.

Ruhatárba mindkét napra két főre lenne szükségünk a megjelölt időintervallumokban.

Felügyeleti feladatra összesen 5 főre lenne szükség (az üvegházakban kellene felügyelni, hogy a látogatók ne lopjanak a növényekből) a megjelölt időintervallumokban.



Hosszú Barbara 2024. 06. 12. 14:18

Közösségi szolgálat jún. 22-én és 27-én

Június 27-én délután 13 órától várunk kb. tíz segítőt hat tanterem kikapolásához (asztalok, székek). Akit érdekel, kérem, hogy írjon nekem egy üzenetet.

Június 22-én délután-este a Baranya Megyei Levéltár 2-3 segítőt vár a Múzeumok Éjszakájára (regisztráció adminisztrálása, gyerekekkel való foglalkozás (színezés, társasjátékozás), a látogatók koordinálása). A program helyszíne: a levéltár udvara, Király utca 11. Időpont: 16:00-20:00. Akit érdekel a lehetőség, kérem, hogy e-mailben keresse meg Vargáné Szántó Ágnes vszantoagnes@gmail.com

Futóverseny rendezésében kérem a segítségüket

Kedves Diákok!

A VIII. Pécs-Pogány Repülőtéri Éjszakai Félmaraton rendezésében idén is számítunk a diákjaink aktív részvételére a Közösségi Szolgálat keretében. Kiemelt éves rendezvényünk ezért 20 órát adunk! Ez az év legbulisabb munkája!

Időpont: 2024. augusztus 24. , szombat 18:00-23:00.

Magam is ott leszek segíteni. Fuvarban is segítek, ha kell! Feladatok: elsősorban útvonal biztosítás, frissítő állomás üzemeltetése, hostess feladatok, értékmegőrző, stb.

Jelentkezés itt kommentben ill. Tarnai Gábornak írt üzenetben.



Tarnai Gábor 2024. 09. 15. 19:39

Gesztenye Liget Fesztivál

Idén is megrendezik a Gesztenye Liget Fesztivált, melynek dátuma október 4-5.

Ez a program remek lehetőséget kínál a középiskolai diákok számára, hogy közösségi szolgálati óráikat teljesítsék.

A diákok a csatolt felhívásban található email címen vagy a csatolt Google úrlapon keresztül tudnak regisztrálni.

Barátsággal,

Kerekes Zora

Pécsbányai Kulturális Egyesület munkatársa

Telefon: +36 30 579 5055

University sports life

Sufficient opportunities for relaxation and regeneration are needed to maintain the level of intellectual performance and to withstand everyday pressure. The main goal is to give a place to sports and physical exercise in people's lives so that they can later become an integral part of their lifestyle.

Recreational sports activities

The university's sports life is coordinated by the **PTE Sports Office** and the **PTE TTK Sports Center**, which offer a wide range of sports opportunities for students and employees. Both units organize diverse programs that are attractive and accessible to everyone, regardless of age, instructor or previous training, which is a great opportunity for relaxation and regeneration. You can register for the weekly sports events (online) on the PTE Sports Office website. All necessary equipment (rackets, tennis balls, etc.) is available on site.

Pécs University Athletic Club (PEAC)

The University's sports club was founded in 1923, in which students compete in twelve departments. The departments include table tennis, women's and men's handball, women's and men's basketball, football, martial arts, women's and men's volleyball, archery, fencing and leisure sports. The table tennis, women's handball, martial arts and fencing departments have won many significant competitions, including national and international awards. The Pécs



University Athletic Club is the most dynamically developing sports club in Hungary and welcomes students who wish to join!

Dance University

A flagship project of UP since 2000, a completely unique leisure program in Hungarian higher education, for the citizens of Pécs and Pécs, an average of 20 dance and movement courses per semester,

the classes are free or available for a minimal fee, set a Guinness record in the category of the most people belly dancing at the same time, semester opening dance shows, dance houses, regular performances by the UP Dance Team with university students, who are also well-trained dancers.

The PTE Sports Office

The PTE Sports Office is responsible for coordinating university recreational and competitive sports, organizing events, communicating with PTE students, and supporting, coordinating, and managing their participation in national/regional/city competitions and sporting events. Its activities include managing the Student Sports Mentor Program, developing and coordinating the sports scholarship process, performing sports marketing tasks, coordinating and supporting the work of leisure sports organizers and student sports office staff, organizing professional training, supporting participation in international university sporting events, and organizing and coordinating PTE fan clubs and match visits.

PTE 3x3 Basketball Cup 2024

Date: 2024 Dec 8 - 13:00

Venue: Papp Gábor (TTK) Sports Hall

Free time

Would you like to try parasports?

Date: 2024 Nov 30 - 09:30 – 2024 Dec 1 - 13:30

Location: National Basketball Academy (Pécs, Megyeri u. 74/1.)

Parasport

PTE Women's Futsal Cup 2024

Date: 2024 Nov 26 - 20:00

Location: Papp Gábor (TTK) Sports Hall

Free time

MIK Volleyball Cup

Date: 2024 Nov 14 - 19:30

Location: MIK Gymnasium

Free time

MIK Table Tennis Cup

Date: 2024 Nov 7 - 19:30

Location: MIK Gymnasium

Free time

The autumn PTE Futsal League is starting!

Date: 2024 Nov 4 - 22:00

Venue: Papp Gábor (TTK) Sports Hall

Free time



IX. PTE Mecsek Invisibles Memorial Tour

Date: 2024 Oct 19 - 15:30

Location: Mecsek Gate

Free time

MIK 3x3 Basketball Cup

Date: 2024 Oct 17 - 19:30

Location: Rátgéber Basketball Academy

Free time

MIK 3x3 Basketball Cup

Date: 2024 Oct 17 - 19:30

Location: Rátgéber Basketball Academy

Free time

PTE Autumn Dragon Boat Regatta 2024

Date: 2024 Oct 12 - 09:00

Location: Orfű Active Water Tourism Center

Free time

ADVANCED PLAYERS REGISTRATION 2024 (Autumn)

Date: 2024 Oct 9 - 19:00

Location: Szalay László Dormitory

Student Sports

PTE Autumn Darts Cup 2024

Date: 2024 Oct 9 - 19:00

Location: Szalay László Dormitory

Free time

ADVANCED PLAYER REGISTRATION 2024

Date: 2024 Oct 9 - 19:00

Location: Szalay László Dormitory

Student Sports

BEGINNER PLAYER REGISTRATION 2024 (Autumn)

Date: 2024 Oct 9 - 19:00

Location: Szalay László Dormitory

Free time

REGISTRATION (Staff) 2024

Date: 2024 Sep 28 - 09:00

Location: Orfű Active Water Tourism Center

Student Sports

REGISTRATION (Student) 2024

Date: 28 Sep 2024 - 09:00

Location: Orfű Active Water Tourism Center

Student Sports



PTE Autumn Chess Cup 2024

Date: 17 Sep 2024 - 18:00

Location: Maláta Bistro

Free time

UP Autumn Chess Cup 2024

Date: 17 Sep 2024 - 18:00

Location: Maláta Bistro

Free time

Registration for NON-PTE citizens 2024 (Run for cancer cure!)

Date: 14 Sep 2024 - 11:00

Location: Széchenyi Square

Run for cancer cure! - 2024

Date: Sep 14, 2024 - 11:00

Location: Széchenyi Square

Free time

UP Dragonboat Regatta - 2024

Date: May 18, 2024 - 09:00

Location: Orfű, Active Water Tourism Center

Student sports

REGISTRATION (Student)

Date: May 18, 2024 - 09:00

Location: Orfű Active Water Tourism Center

Student sports

REGISTRATION (Staff)

Date: May 18, 2024 - 09:00

Location: Orfű Active Water Tourism Center

Student sports

UP Billiards Cup 2024

Date: April 24, 2024 - 18:00

Location: Fordan Center

UP Chess Cup 2024

Date: April 24, 2024 - 6:00 p.m.

Location: Fordan Center

Free time

Sign up now!

Date: April 14, 2024 - 11:45 p.m.

Location: Papp Gábor (TTK) Sports Hall

Student sports

K&H EEK - PTE Rocket League

Date: March 27, 2024 - 10:00 a.m.

Location: Gamerland

Student sports



K&H EEK - UP Rocket League

Date: March 27, 2024 - 10:00 a.m.

Location: Gamerland

Student sports

II. University American Football Cup Day

Date: March 23, 2024 - 09:00

Location: PTE TTK athletic track

Competitive sports

3rd SaTöBbi Cup

Date: March 23, 2024 - 08:00

Location: Abaliget

Free time

UP Korfball Cup 2024

Date: March 20, 2024, 8:00 p.m.

Venue: Papp Gábor (TTK) Sports Hall

Free time

UP Mixed Volleyball Cup 2024

Date: March 6, 2024, 8:00 p.m.

Venue: TTK Sports Hall

Free time

PTE Pub Sports Night 2024

Date: February 7, 2024, 7:00 p.m.

Location: Fordan Center

Free time

UP Pub Sports Night 2024

Date: February 7, 2024, 6:00 p.m.

Location: Fordan Center

Free time

Sports facilities at the University of Pécs

In addition to the above-mentioned courses, you can freely use the university's various sports facilities. However, the use of these halls and sports fields may be limited at times according to the usual timetable. Please inquire at the entrance or contact the staff for opening hours.

The YourLife health program

The YourLife health program of the Medical School of Pécs was created to make students and staff feel good about themselves. To this end, they not only organize various programs or provide services, but also strive to make health as a value an integral part of all educational, operational and decision-making processes.

Well-Being Expo

09/10/2024



Discover the programs and services our university offers to support physical and mental health! The Well-Being Expo aims to showcase the opportunities that help make everyday university life more balanced and energetic. We are waiting for everyone with a booth in the hall of the old building:

- POE (Pécs Medical Students Association): Screenings, tests, quizzes, message board and bingo
- Pekár Mihály Medical and Life Sciences Library: Free books and presentations
- YourLife: Wheel of Fortune and quiz games
- Peer Program: Supporting community programs
- Pszikon (Psychological Consultation): counseling

Complex health screening program

10-11/2024

The multi-stage, free, complex health screening program launched in 2022 will be repeated the fall, 2024 for its colleagues by the Medical School of the University of Pécs.

The aim of the screening is to detect possible diseases and therapeutic needs during the widest possible spectrum of screenings, covering not only physical but also mental health. After the screening, in the event of a treatment recommendation, the specialists will direct the colleague to the appropriate clinical unit with minimal waiting time and will also help with booking an appointment. Improving the well-being of the faculty's citizens and the well-being of the faculty communities is of paramount importance to the Medical School of the UP. One of the important pillars of its long-term strategic plan, PotePillars, is the Well-Being concept, which focuses on the physical and mental well-being of the students, employees, and faculty of the Faculty of Medicine and strives to strengthen the faculty's organizational immune system.

**INGYENES
EGÉSZSÉGÜGYI SZŰRÉS**
A PÉCSI ORVOSKAR MUNKATÁRSAINAK

Szűrővizsgálatok:

- Általános belgyógyászati, preventív vizsgálat
- Szemészeti szakorvosi vizsgálat
- Szűrőaudiometria
- Kiterjesztett laborvizsgálat
- Neurológiai szakorvosi vizsgálat
- Bőrgyógyászati szakorvosi vizsgálat
- Munkapszichológiai felmérés
- Spirometriás vizsgálat

Részletes leírás és a jelentkezés menete:

Vegyen részt Ön is egészségügyi szűrésünkön, mellyel kiválthatja a kötelező munkakalkulációs vizsgálatot!

**JELENTKEZÉS
OKTÓBER 14 -től**

Az egészségügyi szűréseket a PTE KK Foglalkozás-egészségügyi és Munkahigiénés Központ végzi.

06/10/2024

The YourLife health program organized the Great Medical Faculty Stair Run for the fourth time, where nearly 80 competitors again ran up to the fourth floor.

Healthy food preparation workshop

30/01, 29/02, 02/04, 21/05, 04/06/2024

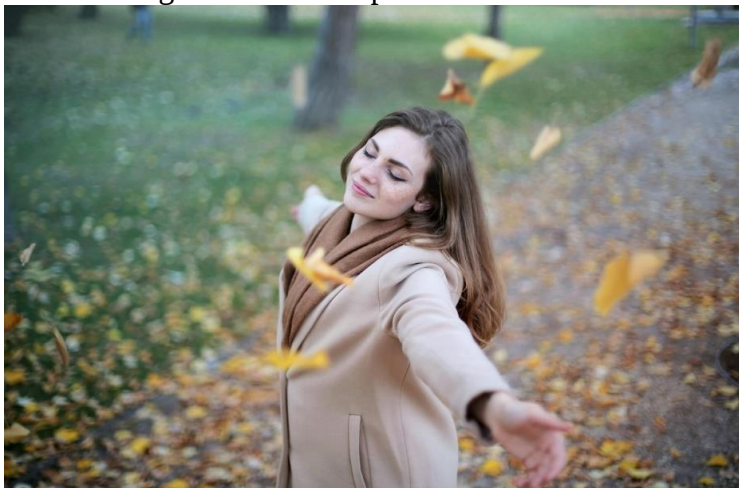


YourLife is also welcoming interested parties to its healthy food preparation workshop in the spring semester of the 2023/2024 academic year, where students and staff of the faculty can prepare healthy and nutritious delicacies under the guidance of a dietician. After the breakfast meals, the team of the health program of the Medical School in Pécs is now preparing a specialty that can be consumed for lunch or dinner. As before, the Pécs Faculty of Health Sciences classroom will serve as the venue for the healthy food preparation workshop. In the regular program organized by YourLife, where you can learn to prepare recipes that, in addition to being extremely delicious, contribute to the development and maintenance of a healthy lifestyle.

World "Don't Light It Up!" DaySmoking
21/11/2024 9:00 AM



Take exams with a calm mind
06/11/2024 4:00 PM
Stress management workshop for students



15/10/2024
Producer Mini Market



14/10/2024

Gardener Friends Club - Autumn

08/10/2024

How to communicate more effectively as a student?

21/05/2024

Healthy food preparation workshop

30/04/2024

The KORFBALL field is yours!

Tuesday, April 30, 2024 6:00 PM

29/04/2024

Gardeners' Club

22/04/2024

Crealia workshop for Hungarian students

17/04/2024

Beneficial effects of stress

19/03/2024

How to communicate more effectively?

Workshop for students

19/03/2024

Farmers' mini market or a real gastronomic adventure!

18-27/03/2024

Body composition measurement for students

A simple test to preserve our health

15/01/2024

How aware are you of your own strengths?

Competence measurement online, with the MyPro Analytics questionnaire system



Events Consultation Posts Gallery About   HU

Events



Cardio Dance

from 31 october, every friday between 15:00-16:00

UPMS

Exercise for Medical Students



Fit in the Operating Room

Wednesday, 5 November, 2025 - 16:00

UPMS

Workshop for Medical Students

HELP! Office

Helps students of the Faculty of Health Sciences overcome their difficulties. In addition to individual conversations, they support their development with courses and trainings so that students can be more confident and successful in their studies and in their private lives!

The services are free of charge and anonymous for students of the Faculty of Health Sciences. The goal of the HELP! Office staff is to create a safe and supportive environment for all students, where acceptance and development are naturally connected. They believe that an atmosphere of trust is essential for students to share their difficulties and challenges with each other, and to find the paths that are most suitable for their self-development and vision for the future.

Stability and change are not mutually exclusive, but harmoniously complement each other, which is why we support renewal, transformation and transformation, through which every student can experience the joy of growth, development and self-realization.

The Office acts as a safety net that helps students deal with difficulties and overcome challenges. The power of community is of paramount importance to them, as human relationships and loving support are one of the greatest resources on the path of personal and professional development.

By strengthening motivation and self-confidence, they encourage their students to move boldly towards their goals, while providing them with the protection and stability they may need during their university years.

They believe that every student is unique, which is why they provide personalized support, helping them find their inner resources and successfully shape their future. The Office creates an inspiring environment in which change is not a scary obstacle, but an opportunity for development.

By prioritizing relationships built on trust, they create a support system that helps students not only during their university years but also in the long term. Their mission is to provide each student with a stable and loving environment where they can move forward in their lives with confidence and self-identity.



Programjaink



Süti+ÉN

töltsünk együtt időt az
önismerettel és a sütivel



Csatlakozz Te is egy KÁVÉKÖRhöz!



Mentor Oktatóink Érted vannak!



ETK tanévkezdő túra



Free Hugs

Lelki Egészség Világnapja

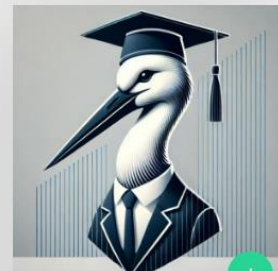


Autogén tréning

stresszoldás
vizsgaidőszakban



Ultrarövid terápiás konzultáció



GÓLYATRÉNING CSOPORTVEZETŐ TOBORZÁS