

University: University of Pécs

Country: Hungary

#### **SDG10: REDUCED INEQUALITIES**

## 10,6 Measures against discrimination

10.6.6. Does your university as a body provide mentoring/counselling/peer support programmes to support students, staff, faculty from underrepresented groups? <u>Yes.</u>

## **Support Service**

In the summer of 2005, the first Support Service was established in the country in the University of Pécs to facilitate the lives of university citizens with disabilities. The Support Service operates based on the provisions of the III of 1993 Act on Social Administration and Social Benefits.

#### Sercvices:

- Office services:
  - o Help during studies-related administration
  - o Information, consultancy, administration
  - Digitisation of class notes
  - Lending special tools
  - Help during Library visits
  - Help in typing or editing or printing written documents (e.g. assignments)
  - Visual information "translated" into acoustic information, reading out charts
  - o English conversation club
  - o Printing, written materials enlargement
  - General study administration
  - Ensuring sign language interpreter if needed

### Career

- Find apprenticeship program
- Consultation for study abroad and apprenticeship programs
- o Guidance for international volunteerism
- o Foreigner volunteers employment (EVS program)
- o Personal consultation for job searching and for abilities needed to success
- o Job offers gathering, mediation
- Sensitize employers

#### Mental Health Service

- We help you to keep contact with your environment (chats, common events, transportation, etc.)
- o Proper treatment for possible mental harm (finding the proper expert, if needed).
- o Preventing crisis situations, treating actual crisises.

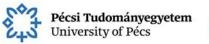
## • Transport service

The aim of this service is to ease access to public services and education.

The service uses a special minibus equipped for persons with special needs. An electric lifting machine and special fixing equipment make transport possible especially for people using a wheelchair. (Of course we are ready to transport students with other disabilities as well.)

The Service minibus is available when:

o approaching the University





- o visiting public services (hospitals, library, offices, etc.)
- o going home
- o or during other transportation tasks
- Studies related services (helping to study)
  - Students with visual impairments: reading out or digitising notes from lessons, converting visual information to verbal (charts, pictures), facilitate written material, typing, formating, printing, facilitate library use, accompany the student outside of the university and amoung its buildings.
  - Students with hearing impairments: Ensuring sign language interpreter if needed, facilitate library use, accompany the student outside of the university and amoung its buildings.
  - Disabled students: Accompany the student outside of the university and amoung its buildings, lifting-mobilisation, helping in notetaking and making written materials, facilitate library use.
  - Students with learning difficulties (dyslexia, dysgraphia, dyscalculia): Helping to understand texts and visual information, correcting documents written by students, language clubs, facilitate library use, teaching learning methodology.

## Physiotherapy

- The aim is to develop the condition and contribution to rehabilitation of the disabled students and colleagues of the University.
- The two professional physiotherapists provide personalised gym after condition survey.
- Sound therapy for skill development: AIT/ Auditory Integration Training
  - o AIT's goal: Strengthen the skills, increase attention retention, and reduce learning difficulties of university students who participate in the program.
- Learning to learn: Aim: Treatment of learning disabilities, helping to develop and keep the level of learning outcomes focusing on the students having learning disabilities.
- Special Need Education

## **The Student Counselling Service**

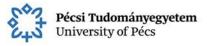
The Student Counselling Service provides support for overcoming difficulties occuring in everyday life and acquiring harmony, balance and a sense of well-being.

**Equal Opportunities Committee**, whose terms of reference are defined in the Organizational and Operational Rules, No. 18 Annex, paragraph 15

and see **Equal Opportunity Plan**, University of Pécs (01/01/2021 - 31/12/2021), Section IV, point 3-4.

## **University Ombudsman**

Equal Opportunity Plan, University of Pécs (01/01/2021 - 31/12/2021), Section V, point 3 3. In addition to the above, the University of Pécs has a university ombudsman based on Annex No. 55 of the University's Organizational and Operational Regulations, whose general task is to support the non-discriminatory treatment of university citizens in accordance with the requirement of equal treatment, and to facilitate the peaceful settlement of their related conflicts in the university during operation.





The ombudsman can be approached by any citizen of the University, if they experience any of the following on the part of another citizen, decision-making forum or organizational unit of the University in connection with the operation of the University:

- a) violation of equal opportunities,
- b) discrimination,
- c) violation of the right to a fair trial,
- d) violation of human dignity,
- e) abuse of power,
- f) violation of privacy,
- g) harassment,
- h) violation of the right to sexual self-determination.

## **Mentoring program**



# ABB Women's mentoring program for technical higher education students 12/10/2020

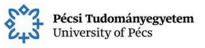
ABB Ltd., as the Tenderer, announces a tender under the name "ABB Women's Mentor Program" for college/university female students studying in technical higher education - in the field of energy and automation.

The goal of our program is to strengthen the participation of women and increase their desire to work in the technical field, as well as to provide an opportunity for female students to get to know the products, services, and operations of an international company already during their studies.

## o Faculty of Humanities and Social Sciences - Mentor Club

The Mentor Network of the Faculty of Humanities and Social Sciences of the UP is a supportive community where students can feel free to turn to with their questions, difficulties, and any problems affecting their personal or academic progress. The mentor network includes mentor students and mentor teachers representing all majors, who are there to provide you with support.

- Becoming unsure?
- Did you have difficulties studying or taking exams?
- Do you need motivation and encouragement?
- Do you have questions about your studies?
- Are you lost, do you have any difficulty fitting in the university system?
- Would you like to join a supportive university community?
- We help!
- We are waiting for you for an individual consultation.





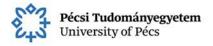
- We learn together with you.
- We tell you about our experiences over a cup of coffee.
- We organize action programs for easier navigation.
- Find us with courage and confidence!

# <u>Faculty of Cultural Sciences, Education and Regional Development –</u> Mentorclub

The distinguished goal of the mentoring program is for students to discover, get to know and develop their competencies and strengths ("Bring out the best in yourself!"), so that their professional identity is strengthened and highlighted; by developing their leadership competencies, they visit, find and coordinate opportunities during their studies; by gathering professional experience, their self-confidence and professional competences should be strengthened so that they can become good professionals. In addition, the goal is to avoid dropouts and support successful graduation. In the framework of the mentoring program, students receive personal and/or group support, professional counseling, and life advice. Our mentors help international students overcome intercultural difficulties and help them integrate.

o Faculty of Pharmacy - Mentor Program

Drainet title Lorenze tonet Coming content				
Project title		target	Service content	
	group			
The Faculty-level Mentoring Pro-	Hungarian		The goal is to unite existing initiatives aimed	
gram of the Directorate of Educa-			at preventing dropout, to provide professional	
tion and the UP Career Office (up,			support to mentor teachers, and to create a	
Faculty-level representation)			professional community that enables the ex-	
			change of experience.	
Peer Program	Hungarian	and	In the case of the Peer program, students are	
1 cer i Togram	English	ana	helped by their designated fellow students re-	
	Liigiisii		sponsible for the given topic, i.e. the "peers",	
			in case of any problems arising in the course	
			of life, mental health or university life.	
			of me, mental health of university me.	
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University of Pécs Student Coun-	English (fo	oreign	psychological / mental health support for eve-	
selling Service	students)		ryday life, not closely related to university	
			life: relaxation techniques, stress manage-	
			ment, effective learning methodology solu-	
			tions.	
Learning methodology and lan-	Hungarian	and	Tanulásmódszertani és nyelvi fejlesztés. "If	
guage development programs	English		only I knew how to do it How to study ef-	
			fectively at university?" - "English Brush Up	
			Course For Pharmacy Students"	
ECNI 11/D 11	F	DAG	Ct. 1	
ESNbuddy/Buddy program	For any E		Student mentor support for Erasmus students.	
	MUS stude	nt	The "buddy" mentor helps the ERASMUS	
			student in everything related to orientation	
			within the host country and university and	
			everyday life.	





Health Psychology Consultation (HCP)	Hungarian	A service for the well-being of students. Psychological help to solve the difficulties of everyday life.
Stipendium Hungaricum Mentor Network HÖOK-SH (university- wide)	English	The purpose of the network is to help the higher education integration of first-year students coming to Hungary with the Stipendium Hungaricum scholarship by providing them with mentor pairs.
Learning Support Program	Hungarian and English	The mentor program was created within the framework of the EFOP 3.4.3 program, in which the learning support mentoring of foreign, English and Hungarian students participating in the program takes place with the help of older students.
Student Government Mentor Program (university wide)	Hungarian	It supports disadvantaged and cumulatively disadvantaged students. These mentoring programs primarily help with integration, by answering everyday questions, organizing social events, etc.

# o Faculty of Business and Economics - Mentor program

- The main goals of the system's design and operation:
- Facilitating the development of the student community.
- Supporting the integration of students.
- Supporting a more personal relationship between the student and teaching community.
- Providing assistance in creating a higher education lifestyle.
- The formation of the students' attachment to the Faculty and the Pécsiközgázos identity.

In the mentoring system, two types of mentors help students, general mentors and professional mentors:

#### General mentors

- The Competence and Talent Development Center helps students find a student or faculty mentor who will help introduce first-year students to the specifics of university life.
- The general mentors (mainly) lead and support a smaller group (max. 20 people) of first-year students.

## Professional mentors

- In addition, the system also offers the help of an experienced, qualified instructor mentor. Our experienced instructors help the student in a specific field (e.g. by recommending readings, consultations, etc.)
- Professional mentors also gather students interested in certain topics around them and support their professional development individually or in small groups.
- Each group is supported by three qualified mentors.
- In study and career topics, mainly the more experienced, senior and PhD instructors; upper-year student mentors help with issues related to social life and integration.

## o Faculty of Health Sciences - Mentor Team

The Mentor Team in Student Council are the key students organization in higher education at the Faculty of Health Sciences. We provide opportunities for cultural understanding and helping you through the educational questions and difficulties. The values of the Mentors network that



all members stand and work for the diversity and unity(we all have different backgrounds, but share one common aim), students helping students, "fun in friendship and respect" (we enjoy relations based on respect), "international dimension of the life" (we are open-minded, mobile, like to discover and explore, to co-operate), "openness with tolerance" (we understand and accept others and learn from them). To be accurate, you can contact us with these questions:

- accomodation
- medical examination
- how to use Neptun (register for subject, exam registration, etc.)
- study affairs
- maintain the contact with the teachers

The purpose of the Mentor Club, and thus of the mentors, is to help you during your university studying. If you feel that you are having difficulties and need help, you are in the best possible place! The Mentor Club currently consists of 3 lecturers and 7 student mentors. You can find us both in Pécs and in our outsourced Training Centers. According to your needs, there are opportunities for personal and online consultation with the mentors.

Our free assistance is extensive, but let's see the most important areas. Contact us with confidence if

- o you are looking for answers to your study questions
- o you have got stuck while managing a matter (e.g. paperwork, tenders)
- o you feel that you need exam preparation and curriculum recommendations
- o you want to use tutoring (individually, in groups)
- o you would get advice on study methods
- o you have individual and social problems
- o you need help in contacting instructors
- o you want to participate in leisure activities
- o you want us to involve you in community events

## o Faculty of Engineering and Information Technology - Mentor Club

The Mentor Club was founded to help the faculty's students with their studies and to keep motivation in mind. The activities of the mentor club are two-fold.

On the one hand, he coordinates the student teacher work that has been in place for several semesters. It manages and supervises the community of student teachers who play a role in catching up with their fellow students.

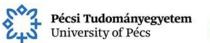
On the other hand, the trained trainers of the freshman workshops and the student and instructor mentors of the UP mentor program undertake individual and group mentoring.

Topics of group mentoring:

- establishing students' attachment to the Faculty, engineering, and major.
- development of general competencies, encouragement to do so (e.g. communication, time management, teamwork, stress management, etc.)
- learning support
- self-awareness and career development

#### During individual mentoring:

- information advice (what can be found, where, who, what can help)
- assistance in creating a higher education lifestyle, exchange of experiences
- detection of cases in need of assistance beyond our competence and redirection to other special services





• establishing a constructive relationship with those who come to us in order to solve personal problems

## • Scholarship

Annex No. 6 of the Organizational and Operating Regulations of the University of Pécs lays down the Payment and benefit regulations of the University of Pécs.

#### II. chapter

Legal titles of student benefits

- § 11. The University may use the funds available for student benefits under the following legal titles:
- a) to pay a performance-based scholarship
  - aa) study scholarship,
  - ab) national higher education scholarships,
  - ac) institutional professional, scientific scholarship,
  - ad) institutional public life scholarships,
- b) to pay a social-based scholarship
  - ba) regular social scholarship,
  - bb) extraordinary social scholarship,
  - bc) the institutional part of the Bursa Hungarica Higher Education Municipal Scholarship,
  - bd) ministerial scholarship for foreign students,
  - be) basic support,
  - bf) support for participation in professional internships.
- c) doctoral scholarship
- d) Ildikó Kriszbacher scholarship,
- e) László János Doctoral Student Research Scholarship,
- f) UP Sport and Parasport Scholarship,
- g) for the payment of other scholarships specified in these Regulations,
- h) to finance institutional operating costs
  - ha) to support the preparation of notes, the purchase of electronic textbooks, study materials and electronic devices necessary for preparation, as well as the purchase of devices to support the studies of students with disabilities,
  - hb) support for cultural activities and sports activities,
  - hc) maintaining and operating a college,
  - hd) renting dormitory accommodation, dormitory renovation,
  - he) supporting the operation of the student and doctoral (doctoral) union.

## Ildikó Kriszbacher Talent Support Program

As part of the program, students may receive a prestigious scholarship, discounted dormitory accommodation, tutoring support, individual skill development services, and outstanding professional opportunities that help them realize their potential and support the most talented students in becoming university lecturers and researchers.

All full-time undergraduate, master's, or undivided (single-cycle) students of the University of Pécs with active student status are eligible to apply, provided they have not suspended their studies for more than two semesters, have completed at least two semesters, and maintain their student status at the UP for the duration of the scholarship.

Further details: tehetseg.pte.hu website Application deadline: 28th June, 2024





## SZINAPSZIS+ Mentoring Program

The aim of the program is to build a talent-supporting bridge between secondary school and university, attracting talented high school students to the University of Pécs and integrating them early into the university's talent development system.

Any full-time undergraduate, master's, or undivided (single-cycle) student with active student status and membership in a UP student college may apply to become a student mentor, provided they maintain both their student and specialized college memberships during the scholarship period.

Further details: tehetseg.pte.hu website Application deadline: 28th June, 2024

## **University Research Scholarship Program**

Starting from the 2024/2025 application period, the "New National Excellence Program" of the National Research, Development and Innovation Office will continue under the name **University Research Scholarship Program.** 

The UP EKÖP call for applications and its annexes are available on the Scholarship Program's portal and on the Talent Support Office subpage of the Student Service Center.

**Application deadline:** 30th June, 2024

## **National Higher Education Scholarship**

For the 2024/25 academic year, the **Ministry of Culture and Innovation** has again announced the National Higher Education Scholarship. The purpose of the scholarship is to provide financial recognition for students who achieve outstanding academic and professional performance, and to support the continuation of their achievements throughout one academic year.

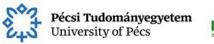
Faculty-specific calls for applications can be found at: tehetseg.pte.hu website Application deadline: Varies by faculty

**International Student Ambassadors** (ISAs) are current students who act as a link between the university and the outside community.

## Peer Program

The Peer Program at the Medical School of the University of Pécs was established in 2019 with the aim of helping students navigate the academic and personal challenges of university life through peer-to-peer support. What began with only sixteen student mentors has since expanded to a network of more than forty trained "Peers" representing all language programs—Hungarian, English, and German—as well as students from the medical, dental, and pharmacy faculties. The program is built on the idea that fellow students can often provide the most accessible, empathetic, and effective form of guidance for their peers.

The initiative focuses on supporting students in a wide range of areas, from academic and administrative questions to personal difficulties and general well-being. Peers assist with study-related challenges, help new students adjust to the demands of university life, and provide a safe, approachable point of contact for those who may feel isolated, stressed, or overwhelmed. The programme's philosophy is summed up in its own words: "if you feel lost, a Peer will always help so that your mood becomes better." This emphasis on emotional support makes the Peer Program an important component of the University's broader student well-being and mental health network.





In addition to individual mentoring, the Peer Program regularly organises community-building events and workshops such as "Chill with the Peers", team-building activities, and creative gatherings like pumpkin-carving sessions. These events encourage social connection and provide informal spaces for students from different backgrounds and study programs to meet and exchange experiences. The program is open to all students regardless of language or nationality, and participation is entirely voluntary. It operates under the coordination of the Medical School's Student Support Unit, which ensures professional supervision and training for Peer mentors.

## Girls' Day at MIK!

Date: 25/04/25. 08:15 - 13:00

Art exhibition, 3D printing and welding simulator - Become an engineering student for a day!

Do you want a career in which you can contribute to the world and have the opportunity to invent and implement innovative solutions? Are you interested in natural science subjects and would you like to choose a profession where you can utilize them?

Then get to know the engineers of our faculty, who will tell you about the beauty of the engineering profession through their own experiences!

#### Planned program:

8.00 – Arrival (MIK aula)

We are waiting for interested parties from 8.00-8.15 at the information desk of the MIK aula. The meeting will be followed by a short introductory game, during which you can get to know each other and us a little. (Location: Room B224)

## 8.45 – Roundtable discussion (Room B224)

We will start the day with an informal roundtable discussion in the B224 meeting room. During the discussion, lecturers, former and current students of our faculty will introduce themselves and tell you what it is like to work as a woman in the scientific and engineering fields. We ask you to feel free to ask questions about the topics that interest you!

#### 10.00-12.30 – Active programs

From 10.00 we will continue our program with a 5-station interactive tour, within the framework of which you can gain insight into the everyday lives of our engineering students.

#### Planned stops:

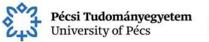
"Memories of Pécs" - Opening of the DLA exhibition by Dr. Jin Xin

#### Visit to the BIM lab

Are you interested in what exactly Building Information Modeling (BIM) means? Are you curious about the most modern digital solutions in the construction industry? Join us and immerse yourself in the virtual world of architecture!

Let's bridge the gaps! / Interactive games in the civil engineering lab

Within the framework of our playful-interactive engineering session, you can learn about the materials used in the construction industry, find out what a good foundation is like, and while playing with loads, you can also get a taste of the practical side of statics.





"We're chipping away" / 3D printer demonstration and welding simulator in the mechanical engineering labs

Watch our 3D printer demonstration, try out our welding simulator, and step into the shoes of our mechanical engineering students for a while!

Water purification with sedge and reed / Possibilities of water treatment and water purification Would you like to find out how natural science subjects can be applied in everyday life? Join us and learn about the methods of natural wastewater treatment at the research pilot site of the Department of Environmental Engineering!

#### Be creative! Be an engineer!

Those waiting for you:

- Prof. Dr. Gabriella Medvegy Dean, University Professor, Architect
- "The New Normal" Be with us on the technical path Dr. Éva Kovács, Associate Professor, Dean's Representative for Communications
- Head of the PTE-MIK Television Program Production Department
- Dóra Simon MIK student
  "This path can give you the opportunity to express your creativity, knowledge and show
  the world what you are capable of!"
- Dr. Jin Xin Associate Professor
- Dr. Erika Vörös Associate Professor
- Diána Teodóra Bakk Department Engineer "Science belongs to everyone - be brave and be part of the change!"
- Nikoletta Landek Trainer







https://international.pte.hu/student-ambassadors

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