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Innovative research is launched to prove the link between nail lesions and vitamin deficiency

Show me your nails, I'll tell you who you are! - so the saying goes. But can you really deduce the internal workings of your body from the condition of your nails? A new research project, involving the Dermatology, Nematology and Oncodermatology of the Clinical Center of the UP, the Institute of Laboratory Medicine and the Hungarian-owned Mediner Ltd., is being funded by the National Research, Development and Innovation Fund to find out whether there is a direct link between cosmetically disturbing nail lesions and mineral and vitamin deficiencies in the body.