2022.11.16.

Sport, lifestyle, health

A sold-out conference was organised by the second-year correspondence students of the Faculty of Health Sciences of the UP, majoring in Recreation and Lifestyle, and we talked to Dr. Gábor László Elbert, adjunct professor of the faculty, Kimberli Vezér-Hunyadi, one of the student organizers, and Dr. Bence Cselik about the organization.

"Conferences can be approached in terms of content. At the Faculty of Health Sciences of the UP we try to combine sport and health, to educate children about the parallelism of the two," said Gábor Elbert, assistant professor. "But the special thing about conferences like this is that they are organized by the students themselves, which is something we came up with in our event management class. We were talking to the second-year correspondents about this, should I tell them about how to organize an event or should we do something practical? They decided to organize a conference. We've been organizing an event like this every six months since 2012, but I've never met a team as independent as this one.