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Ultra-modern future

Between 4-7th October, the tenth Dentist Professional Days of Pécs were held in the new wing of the Medical School of the University of Pécs and in the Dental Education Block. I asked Anna Kőházy, third-year dental student and main organizer of the event, about the details.

"Besides many other fields (oral surgery, endodontics, periodontology, orthodontics), we wanted to cover the topic of aesthetic dentistry, so we gathered a list of national and international experts who could be invited to give a lecture. We also took into account the opinions and recommendations of our lecturers, and we would like to thank them for their help," says Anna Kőházy, third-year dental student and main organizer of the professional days.

Finally, bruxism was included among the themes. "Grinding of the teeth affects many people, so it's no wonder that many students choose it as a topic for their thesis or research topic in the Undergraduate Research Society (URS). Dr András Volom gave a very exciting, interactive presentation on this topic. He showed how patients' posture determines their grinding.

To take just one example: if a waiter slouches a little due to his job, he adopts a fixed posture, which changes the chewing posture in such a way that it affects the chewing. If you stand crooked, your oral cavity is affected: your jawbone is at a different angle, at the wrong angle. Dr. András Volom presented all this with his own posture, and we got very good feedback from the audience."

Another of many topics was the issue of implants. "This technology is new and is developing at an extraordinary speed. Almost every student with even a small interest in oral surgery is looking towards implants, many are interested. It is certainly the future of dentistry."